

Thankful

拍数: 72 墙数: 2 级数: Intermediate
编舞者: Benny Ray (DK) - December 2013
音乐: Thankful - Céline Dion : (Album: Loved Me Back To Life)



(rise & fall, waltz motion)

TWINKLE, TWINKLE ½ TURN,

1-3 Cross left over right to right diagonal, step forward on right, step left forward to left diagonal
4-6 Cross right over left to left diagonal, step to the side on left, make ½ turn over your right shoulder and step right forward to right diagonal

TWINKLE, TWINKLE ½ TURN,

7-9 Cross left over right to right diagonal, step forward on right, step left forward to left diagonal
10-12 Cross right over left to left diagonal, step to the side on left, make ½ turn over your right shoulder and step right forward to right diagonal

CROSS ROCK, WEAVE L

13-15 Cross rock left over right, recover on right, step left to side
16-18 Cross right over left, step left to side, cross right behind left

SLIDE L, CROSS, UNWIND WITH SWEEP

19-21 Make large step to the left, slowly slide right towards left
22-24 Cross right over left, unwind full turn over left shoulder, sweep from front to back

2 X BACK TWINKLES

25-27 Step left back to right diagonal, step back right, step left to left diagonal
28-30 Step right back to left diagonal, step left right, step right to right diagonal

BEHIND, SIDE, CROSS, TWINKLE ¾ TURN

31-33 Cross left behind right, step right to side, step diagonal forward with left
34-36 Cross right over left to left diagonal, step to the side on left, make ½ turn over your right shoulder and step right forward to right diagonal

WEAVE, ¼ TURN, ½ TURN SWEEP

37-39 Cross left over right, step right to the side, cross left behind right
40-42 Step ¼ turn right on right, sweep left from back to front while turning ½ over right shoulder

SPIRAL TURN, FULL TURN

43-45 Step forward on left, Make full turn over right shoulder, keep weight on left
46-48 Make full turn forward over right shoulder stepping right, left, right

*** On wall 5 hold here (or make some extra full turns on the spot) and restart**

BASIC FORWARD, BASIC BACK

49-51 Step forward on left, step right together, step left together
52-54 Step back right, step left together, step right together

2 X FORWARD ½ TURN L

55-57 Step forward on left making ½ turn over left shoulder, step back right, step back left
58-60 Step back right, make ½ turn over left shoulder stepping forward on left, step forward on right

*** On wall 2 & 4 restart here**

DIAMOND ½ TURN

61-63 Cross left over right to right diagonal, step right to side, step left back to diagonal

64-66 Step back on right to diagonal, step side left, cross right over left to diagonal

DIAMOND ½ TURN

67-69 Cross left over right to right diagonal, step right to side, step left back to diagonal

70-72 Step back on right to diagonal, step side left, cross right over left to diagonal

(Optional finish after 6th wall: Step forward on left and make full turn over your left shoulder sweeping right)

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