

Ice Queen

COPPER KNOB
STEPSHEETS

拍数: 48
编舞者: Ryan King (UK) - August 2014
音乐: Let It Go - Demi Lovato

墙数: 2

级数: Phrased Improver / Intermediate



Intro: 18 Counts

Sequence: A A A A (Short Wall Restart) B B B B B B B Tag (1st 8 Counts of A) B to end

Section A is a Nightclub Two-Step, Section B is an East Coast.

Section A – 16 counts

R Basic, L Basic, R Forward, Pivot ½ Turn, Step, ½ Turn ¼ Turn

- 1 2 & Big Step Right to Right Side. Cross step left behind right. Cross step right over left.
3 4 & Big Step Left to Left Side. Cross step right behind left. Cross step left over right.
5 6 & Step Forward Right, Step Forward Left, Pivot ½ Turn Right.
7 8 & Step Forward Left, ½ Turn Left Stepping Back on Right, ¼ Turn Left Stepping Left to Side.

****Wall 4: Dance up to 4 &, of this section then start your Section B's****

Cross Sweep, Cross Side, Behind, Sweep, Behind Side, Cross Rock, Recover, ¼ Turn, ½ Turn, Rock Recover

- 1 2 & Cross Right Over Left Sweeping Left Leg Round from Back to Front, Cross Left Over Right, Step Right to Right Side.
3 4 & Step Left Behind Right, Sweep Right Leg Round from Front to Back, Step Right Behind Left, Step Left to Left Side.
5 6 & Cross Right Over Left, Recover, Step ¼ Right on Right.
7 8 & Make ½ Right Stepping Back Left, Rock Back Right, Recover.

Section B – 32 counts

R Chasse, Rock Recover, L Chasse, Rock Recover

- 1 & 2 Step Right to Right Side, Step Left Next to Right, Step Right to Right Side.
3 4 Rock Back Left, Recover.
5 & 6 Step Left to Left Side, Step Right Next to Left, Step Left to Left Side.
7 8 Rock Back Right, Recover.

R Shuffle Forward, Pivot ½ Turn, L Shuffle Forward, ½ Turn, ¼ Turn

- 1 & 2 Step Forward Right, Step Left Next to Right, Step Forward Right.
3 4 Step Forward Left, Pivot ½ Right Putting Weight onto Right.
5 & 6 Step Forward Left, Step Right Next to Left, Step Forward Left.
7 8 ½ Turn Left Stepping Back on Right, ¼ Turn Left Stepping Left to Left Side

****Wall 12: Dance first 16 counts of section B (you will be facing 9 o'clock), then dance first 8 counts of Section A drag right foot to left and hold (you will be facing 6 o'clock).**

Dance section B again when beat kicks in.**

Cross, Kick, Behind, Side, Cross, Kick, Behind, Side

- 1 2 Cross Right Over Left, Kick Left Foot Diagonally Forward.
3 4 Step Left Behind Right, Step Right to Right Side.
5 6 Cross Left Over Right, Kick Right Foot Diagonally Forward.
7 8 Step Right Behind Left, Step Left to Left Side.

Cross, Kick x 2, Behind, ¼ Turn, ½ Turn, Rock Recover

- 1 2 Cross Right Over Left, Kick Left Foot Forward.
3 4 Kick Left Foot Forward, Step Left Behind Right.

5 6 Step $\frac{1}{4}$ Right on Right, Make $\frac{1}{2}$ Right Stepping Back Left.
7 8 Rock Back Right, Recover.

Restart and Tag sounds pretty complicated but once you fit it to the music it will make sense (I hope!) Have fun and don't forget to Let It Go.

Last Update – 1st Sept 2014
