

Gentle on My Mind

COPPER KNOB
BY STEPHEN BRETTS

拍数: 72 墙数: 2 级数: Intermediate
编舞者: Tony Myers (UK) - September 2014
音乐: Gentle On My Mind - Glen Campbell



As a practice track use Dean Martins version which is slower.

Intro 16 counts

Step, Turn, Step: Sailor Step: Sailor Step: Walk, Walk

1&2 Step forward on right (1) Pivot $\frac{1}{2}$ turn left (&) Step forward on right (2) (6:00)
3&4 Step left behind right (3) Step right to right side (&) Step left to left side (4)
5&6 Step right behind left (5) Step left to left side (&) Step right to right side (6)
7 8 Walk slightly forward and out on left (7) Walk slightly forward and out on right (8)

Step Back, Touch, Step Forward: Side Rock, Turn: Shuffle Turn: Step, Hold

1&2 Step back on left (1) Touch right across left (&) Step forward on right (2)
3 4 Rock left to side (3) Recover on right turning $\frac{1}{4}$ left (4) (3:00)
5&6 Turn $\frac{1}{4}$ left forward on left (5) Step right with left (&) Turn $\frac{1}{4}$ left step forward on left (6) (9:00)
7 8 Step right to side (7) Hold (8)

Behind, Side, Cross: Side Rock, Recover: Cross Shuffle: Step Back, Together

1&2 Step left behind right (1) Step right to side (&) Cross left over right (2)
3 4 Rock right to side (3) Recover on left (4)
5&6 Cross right over left (5) Step left to side (&) Cross right over left (6)
7 8 Step back on left (7) Step right with left sweeping left out (8)

Sailor $\frac{1}{4}$ Turn: Mambo Turn: Sway Left, Sway Right: Behind, Turn, Step

1&2 Step left behind right (1) Turn $\frac{1}{4}$ left stepping right to side (&) Step left to side (2) (6:00)
3&4 Rock forward on right (3) Recover on left (&) Turn $\frac{1}{2}$ right stepping forward on right (4)
(12:00)
5 6 Step out on left swaying left (5) Step out on right swaying right (6)
7 & 8 Step left behind right (7) Turn $\frac{1}{4}$ right stepping forward on right (&) Step left to side (8) (3:00)

Point, Turn, Point: Kick Ball Point: Press, Kick: Sailor $\frac{3}{4}$ Turn

1&2 Point right to side (1) Turn $\frac{1}{2}$ right stepping onto right (&) Point left to side (2) (9:00)
3&4 Kick left forward (3) Step left next to right (&) Point right to side (4)
5 6 Press down on right (5) Transfer weight back onto left kicking right forward to right diagonal
(6) (9:00)
7&8 Step right behind left (7) Turn $\frac{1}{4}$ right step left on side (&) Turn $\frac{1}{2}$ right stepping forward on
right (8) (6:00)

Shuffle Forward: Step, Turn: Turn, Hitch: Coaster Step

1&2 Step forward on left (1) Step right with left (&) Step forward on left (2)
3 4 Step forward on right (3) Pivot $\frac{1}{2}$ turn left (4) (12:00)
5 6 Step forward on right (5) Turn $\frac{1}{4}$ left on ball of right slightly hitching left beside right (6) (9:00)
7&8 Step back on left (7) Step right with left (&) Step forward on left (8)

Forward, Touch: Back, Touch, Turn: Pivot Turn: Touch & Heel

1 2 Step forward on right (1) Touch left to right heel (2)
3&4 Step back on left (3) Touch right to left (&) Turn $\frac{1}{4}$ right step forward on right (4) (12:00)
5 6 Step forward on left (5) Pivot $\frac{1}{4}$ turn right (6) (3:00)
7&8 Touch left to right instep (7) Step slightly back on left (&) Dig right heel to right diagonal

Cross & Heel: & Cross Turn: Side Rock, Recover: Mambo Turn□

- 1&2 Cross right over left (1) Step back on left (&) Dig right heel to right diagonal (2)
&34 Step down on right (&) Cross left over right (3) Turn $\frac{1}{4}$ left step back on right (12:00)
56 Rock left to side (5) Recover on right (6)
7&8 Cross rock left over right (7) Recover on right turning $\frac{1}{4}$ left (&) Step left to side (8) (9:00)

Side, Together: Side Chasse: Cross Rock, Recover: $1\frac{1}{4}$ Triple Turn

- 1 2 Step right to side (1) Step left with right (2)
3&4 Step right to side (3) Step left next to right (&) Step right to side (4)
5 6 Cross rock left over right (5) Recover weight on left (6)
7&8 Turn $\frac{1}{4}$ left stepping forward on left (7) Turn $\frac{1}{2}$ left stepping back on right (&) Turn $\frac{1}{2}$ left stepping forward on left (8) (6:00)

(Easy option $\frac{1}{4}$ shuffle left L.R.L)

On wall 5 alter count 15 to a $\frac{1}{4}$ turn right to finish dance on front wall.
