Boom Parara



编舞者: Anthony Kusanagi (INA) - September 2014

音乐: Boom Parara



INTRO: Start dancing after 48 counts since the music start...start dancing on Vocal

I. FORWARD STEP - FORWARD ROCK - BACK LOCK CHASSE - BACK ROCK - FORWARD LOCK CHASSE

1 L step forward

2-3 R step forward, recover to L

4&5 R step backward, L lock in front of R, R step backward

6-7 L step backward, recover to R

8&1 L step forward, R lock behind L, L step forward (12.00)

II. PIVOT 1/2 - TURN 1/2 TO LEFT - BACKWARD LOCK CHASSE - SWEEP FROM FRONT TO BACK - SIDE - CROSSING SHUFFLE

2-3 R step forward, turn ½ to left and L step forward

&4&5 Turn ½ to left, R step backward, L lock in front of R, R step backward

6-7 Sweep L behind R, R step to side

8 & 1 L cross in front of R, R step to side, L cross in front of R (12.00)

III. SIDE ROCKING TO QUARTER TO LEFT - FORWARD LOCK CHASSE - STEP FORWARD - TURN 1/2 TO RIGHT - FORWARD TOUCH

2-3 R step to side, turn ¼ to left and L step forward (09.00)

4&5 R step forward, L lock behind R, R step forward

6-7 L step forward, Turn ½ to right and R touch forward (03.00)

8 HOLD

IV. OVER TURNED - SQUARING CROSS SIDE - SAILOR STEP

1-2-3 R step backward (03.00), turn ½ to Left and L step backward (09.00), turn ½ Right and R

step forward (03.00)

(EASY OPTION: R step backward (03.00), recover to L, R step forward)

4-5-6 Turn 1/4 to Right and L step to side (06.00), R step forward slightly cross in front of L, turn 1/4

to right and L step to side (09.00)

7 & 8 R step behind L, L step to side, R step to side

(EASY OPTION: R cross over L, recover to L, R step to side)

RESTART: There is a short wall on wall 7th. Dance normally untill count 15. Touch L next to R on count 16 then RESTART the dance.

ENJOY THE DANCE

For more Information, gladly contact me on: anthonymld.ina@gmail.com or mdeshimona@yahoo.com