

Holy Cowgirl

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 0 级数: Intermediate
编舞者: Jamie Marshall (USA) - July 2014
音乐: Holy Cowgirl - J Michael Harter



(Don't worry...fits the music perfectly...lots of room for attitude & styling)

#32 Count Intro / 48 / Tag 1 / 32* / Tag 2 (1st 8 Cts x4) / 48 / 32* / Tag 2 (1st 8 Cts x4) / 48 / Tag 1 / 32* / 32* / Tag 2

JUMP OUT, JUMP IN, COUNTER-CLOCKWISE HIP ROLL

&1,2 Jump out R,L (&1), Hold (2)
&3,4 Jump in R,L (&3), Hold (4)
5,6 Roll hips counter-clockwise (5,6)
7,8 Roll hips counter-clockwise (7,8) (weight ending on L) (12:00)

STEP, BEHIND, R HEEL JACK, HOLD, CENTER, HOLD, L HEEL JACK, HOLD □

1,2 Step R to R (1), Cross L behind R (2)
&3,4 Step R diagonally back R (&), Extend L heel diagonally forward (3), Hold (4)
&5,6 Step L in place (&), Step R next to L (5), Hold (6)
&7,8 Step L diagonally back L (&), Extend R heel diagonally forward (7), Hold (8) (12:00)

STEP, ROCKING CHAIR, STEP, TOUCH, STEP, TOUCH

&1,2 Step R in place (&), Rock L forward (1), Recover onto R (2)
3,4 Rock L back (3), Recover onto R (4)
5,6 Step L to L (5), Touch R next to L (6) (Styling: Swing arms to L with finger snaps on touch)
7,8 Step R to R (7), Touch L next to R (8) (Styling: Swing arms to R with finger snaps on touch) (12:00)

STEP, ½ R PIVOT, ½ TRIPLE, ½ TRIPLE, STEP, ¼ PIVOT L

1,2 Step L forward (1), Pivot ½ R, stepping R forward, prepping for turn (2) (6:00)
3&4 **□ Turn ½ R, stepping back on L (3), Step R next to L (&), Step L back (4) (12:00)
5&6 **□ Turn ½ R, stepping R forward (5), Step L next to R (&), Step R forward (6) (6:00)
7,8 Step L forward (7), Pivot ¼ R, stepping R in place (8) (9:00)

(*Touch for Count 8 when dancing only 32 Counts)

**Option: Counts 3-6: No turns, simply triple forward L,R,L then R,L,R

CROSS, STEP, STEP, CROSS, STEP, STEP, COASTER STEP

1,2,3,4 Cross L over R (1), Step R back (2), Step L back (3), Cross R over L (4)
5,6 Step L back (5), Step R next to L (6)
7&8 Step L back (7), Step R next to L (&), Step L forward (8) (9:00)

TOE/HEEL STRUT, TOE/HEEL STRUT, V-STEP

1,2 Touch R toe forward (1), Press R heel to floor, taking weight (2)
3,4 Touch L toe forward (3), Press L heel to floor, taking weight (4)
5,6, Step R diagonally forward R (5), Step L diagonally forward L (6)
7,8 Step R back to center (7), Step L next to R (8) (9:00)

TAG 1: Using small steps, run in full clockwise circle 1&2&3&4& - 8 Steps (Weight ending on L)

TAG 2: TURN ¼ R, Repeat 1st 8 counts of dance (4x) (Note: Do not turn after 4th time to start dance again)

&1,2 Turn ¼ R, jumping out R,L (&1), Hold (2) (*Note: Do not turn ¼ to start dance again)
&3,4 Jump in R,L (&3), Hold (4)
5,6 Roll hips counter-clockwise (5,6)

7,8 Roll hips counter-clockwise (7,8) (weight ending on L)

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