

Songs Like This

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Christine Collins (AUS) & Donna Hansford (AUS) - August 2014
音乐: Songs Like This - Carrie Underwood : (Album: Play On - iTunes - 2:37)



Intro: 16 beats

[1-8] SIDE, TOUCH, SIDE, KICK, BEHIND, SIDE, CROSS, HOLD.

1,2,3,4 Step R to the side, touch L beside R, step L to the side, kick R 45° right.
5,6,7,8 Step R behind L, step L to the side, step R across in front of L, hold.

[9-16] □ SIDE, TOUCH, SIDE, KICK, BEHIND, SIDE, CROSS, HOLD.

1,2,3,4 Step L to the side, touch R beside L, step R to the side, kick L 45° left.
5,6,7,8 Step L behind R, step R to the side, step L across in front of R, hold. *

[17-24] □ FORWARD ROCK, 1/2, HOLD, PIVOT TURN, STEP, HOLD.

1,2 Rock forward onto R, replace weight onto L,
3,4 Turn 180° right stepping R forward, hold. (6.00)
5,6 Step L forward, pivot 180° right taking weight onto R,
7,8 Step L forward, hold. (12.00) #

[25-32] □ STEP, LOCK, STEP, HOLD, STEP, LOCK, STEP, HOLD.

1,2,3,4 Step R forward 45°, lock L behind right, step R forward 45°, hold.
5,6,7,8 Step L forward 45°, lock R behind left, step L forward 45°, hold.

[33-40] MAMBO FORWARD, HOLD, BACK, 1/2, FORWARD, HOLD.

1,2,3,4 Rock forward onto R, replace weigh onto L, step R back, hold.
5,6,7,8 Step L back, turn 180° right stepping R forward, step L forward, hold. (6.00)

[41-48] □ FORWARD ROCK, 1/4 TURN SIDE STRUT, BACK ROCK, FORWARD, HOLD.

1,2 Rock forward onto R, replace weight onto L.
3,4 Turn 90° right and step R toe to side, drop R heel. (9.00)
5,6 Rock L back, replace weight onto R,
7,8 Step L forward, hold.

[49-56] HEEL, TOGETHER, HEEL, TOGETHER, HEEL, HOLD, TOE, HOLD.

1,2,3,4 Touch R heel forward, step R together, touch L heel forward, step L together.
5,6,7,8 Touch R heel forward, hold, touch R toe back, hold

[57-64] □ SCUFF FORWARD, HOLD, STEP, HOLD, STOMP, HOLD, HOLD, HOLD.

1,2,3,4 Scuff R forward, hold, step R forward, hold.
5,6,7,8 Stomp L to left side, hold for 3 counts.

[64] Beats : End of dance sequence.

RESTARTS : WALL 3 & 7 □

Wall 3 - dance to beat 24 (#) then Restart.

Wall 7 – dance to beat 16 (*) then Restart.

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