

# Long Live Rock & Roll

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate - Polka  
编舞者: Bernhard Wulff (DE) - August 2014  
音乐: Long Live Rock & Roll - Daughtry



## [1 – 8] Shuffle Diagonal, Chasse Left, Heeljacks L + R

- 1 & 2      RF step forward diagonal right (1:30), Step LF next to RF, RF step forward  
3 & 4      LF step left 1/8 turn right (3 o'clock), Step RF next to LF, LF step side left  
5 & 6 &      RF step behind LF, LF step side left, Touch right Heel diagonal forward (r), RF step next to LF  
& 7 & 8 &      Cross LF over RF, RF step side right, Tough left Heel diagonal forward (l), LF step next to right

## [9 – 16] Cross Rock Chasse Side R + L

- 9 – 10      Cross RF over LF with weight on RF, Weight change back to LF  
11 & 12      RF step side right, LF step next to RF, RF step side right  
13 – 14      Cross LF over RF with weight on LF, Weight change back to RF  
15 & 16      LF step side left, RF step next to LF, LF step side left

## [17 – 24] Touch, Turn, Shuffel Forward L + R, Rock Step

- 17 – 18      Touch Right Toe behind LF, ½ turn right with weight on right (9 o'Clock)  
19 & 20      LF step forward, RF step next to LF, LF step forward  
21 & 22      RF step forward, LF step next to RF, RF step forward  
23 – 24      LF step forward with weight on LF, Weight change back to RF

## [25 – 32] Shuffle-Turn 2 X ½, Coaster Step, Step Forward R + L

- 25 & 26      LF step back with ¼ turn left, RF step next to LF, LF step back with ¼ turn left (3 o'Clock)  
27 & 28      RF step back with ¼ turn left, LF step next to RF, RF step back with ¼ turn left (9 o'Clock)  
29 & 30      LF step Back, RF step next to left, LF step forward  
31 – 32      RF step forward, LF step forward

## TAGS: After Walls 3 / 6 & 9

### [1 – 8] □ Side-Rock, Behind-Side-Cross R + L

- 1 – 2      RF step side right with weight on RF, Weight change back to LF  
3 & 4      RF step behind LF, LF step side left, RF cross over LF  
5 – 6      LF step side left with weight on LF, Weight change back to RF  
7 & 8      LF step behind RF, RF step side right, LF cross over RF

## Tag B: Music Slows Down After Wall 7

### [1 – 8] □ Side-Rock, Behind-Side-Cross R + L

- 1 – 2      RF step side right with weight on RF, Weight change back to LF  
3 & 4      RF step behind LF, LF step side left, RF cross over LF  
5 – 6      LF step side left with weight on LF, Weight change back to RF  
7 & 8      LF step behind RF, RF step side right, LF cross over RF

## [9 – 18] Step ½ Turn Left 2x, Jazzbox, Step ¼ Turn Left

- 9 – 10      RF step forward, ½ turn left with weight on LF  
11 – 12      RF step forward, ½ turn left with weight on LF  
13 – 14      Cross RF over LF, LF step back  
15 – 16      RF step side, LF step forward  
17 – 18      RF step forward, ¼ left with weight ob LF

Contact: [tanzvirus2005@yahoo.de](mailto:tanzvirus2005@yahoo.de)

