

# Used

拍数: 32      墙数: 2      级数: Improver / Intermediate  
编舞者: Annette Haslund (DK) - August 2014  
音乐: Used - Ashley Monroe : (Album: Like a Rose - iTunes)



## Intro (28 count)

### SYNCOPATED JAZZBOX, ROCK STEP, 1¼ TRIPLE TURN R, ROCK STEP

1                    Cross Right over Left,  
2&3                Step Left back, Step Right to right side, step Left forward  
4 5                Rock Right forward, recover on Left

#### Tag 1&3 and Restart

6&7                1¼ triple turn right, (Right, Left, Right) (3 o'clock)

**Easy Option: ¼ turn R triple step 6&7 □ Turn ¼ right, make a triple step in place (Right, Left, Right)**

8 1                Rock Left forward, recover on Right

### SHUFFLE ½ TURN, STEP TURN, TRIPLE FULL TURN L, STEP ¼ TURN, CROSS

2&3                Shuffle ½ turn left (Left, Right, Left) (9 o'clock)  
4 5                Step Right forward, ½ turn Left (weight on left) (3 o'clock)

#### Tag 2 and Restart

6&7                ½ turn left stepping back on Right, ½ turn left stepping forward on Left, step Right forward

**Easy Option: Shuffle forward - 6&7 □ Step Right forward, step Left beside Right, step Right forward**

8&1                Step left forward, turn ¼ right on to Right, cross Left over Right (6 o'clock)

### VINE RIGHT, SIDE ROCK, CROSS, VINE LEFT, SIDE ROCK, FORWARD STEP

2&3&                Step Right to right side, cross Left behind Right, step Right to Right side, cross Left over Right  
4&5                Rock Right to Right side, recover on Left, cross Right over Left  
6&7&                Step Left to Left side, cross Right behind Left, step Left to Left side, cross Right over Left  
8&1                Rock Left to Left side, recover on Right, step Left forward

### ROCK STEP, SHUFFLE ¼ TURN, WALK X 3 (READ: MAKE THIS A FULL TURN)

2 3                Rock Right forward, recover on Left  
4&5                (start full turn) Shuffle ¼ turn right (Right, Left, Right)  
6 7 8                ¼ turn right stepping forward on Left, ¼ turn right stepping forward on Right, ¼ turn right stepping forward on Left (end of full turn) (6 o'clock)

**\* Tag 1&3: On Wall 3 and 9 starting 12 o'clock – in section 1 - dance the first 5 counts**

#### ½ TURN SHUFFLE, STEP FORWARD

6&7                Shuffle ½ turn right (Right, Left, Right)  
8                    Step Left forward

#### RESTART THE DANCE AT 6 O'CLOCK

**\* Tag 2: On Wall 6 - starting 6 o'clock – in section 2 - dance the first 5 counts**

#### RIGHT SHUFFLE FORWARD, ¼ TURN STEP

6&7                Step Right forward, step Left beside Right, step Right forward  
8                    Make a ¼ turn stepping Left to the side

#### RESTART THE DANCE AT 12 O'CLOCK

**ENDING: WALL 9 Dance to count 2&3 in section 2: Step Right forward, turn ¼ left on Left, cross Right over Left.**

Contact: ahfpost-dance@yahoo.dk

