

Just A Fool To Believe

COPPER KNOB
STEP SHEETS

拍数: 64 墙数: 2 级数: Intermediate NC
编舞者: Adrian Lefebour (AUS) - August 2014
音乐: She's Like the Wind (feat. Wendy Fraser) - Patrick Swayze : (Album: Dirty Dancing)



Notes: 32 count intro from the start of the song. – RESTART / TAG

[1-8] □ Step Fwd, Sweep, Step Across, Step Back, 1/4 Turn, Drag, Step Across, 1/4 Turn

1,2 Step R fwd, Sweep L around
3,4 Step L across R, Step R back
5,6 1/4 Turn L Step L to L side, Drag R towards L (9.00)
7,8 Step R across L, 1/4 Turn R step L back (12.00)

[9-16] □ 1/4 Turn, Drag, Step Back, Replace, Big Step Side, Drag, Step Behind, 1/4 Turn

1,2 1/4 Turn R step R to R side, Drag L towards R (3.00)
3,4 Step L slightly back, Replace weight fwd on R
5,6 Big Step L to L side, Drag, R towards L
7,8 Step R slightly behind L, 1/4 Turn L step L fwd (12.00) RESTART

[17-24] □ Step Fwd, Drag, 1/2 Pivot Turn, Step Fwd, Drag, 1/2 Turn, 1/4 Turn

1,2 Step R fwd, Drag L towards R
3,4 Step L fwd, 1/2 Pivot Turn R (weight on R) (6.00)
5,6 Step L fwd, Drag R towards L
7,8 1/2 Turn L step R back, 1/4 Turn L step L to L side (9.00)

[25-32] □ Step Across, Hitch to 11.00, Step Fwd, Step Together, Step Fwd, Hitch to 7.00, Step Fwd, Step Together

1,2 Step R across L, Hitch L knee to 11.00
3,4 Step L fwd, Step R next to L (weight on R)
5,6 Step L fwd, Hitch R knee to 7.00
7,8 Step R fwd, Step L next to R (weight on L) (7.00)

[33-40] □ Step Fwd, Hold, Step Back, Drag, Step Back, 1/2 Turn, Step Across, Kick L Whilst Lifting R Heel

1,2 Step R fwd, Hold (7.00) (weight on R)
3,4 Step L back, Drag R towards L (Still facing 7.00)
5,6 Step R back, 1/2 Turn L step L fwd (1.00)
7,8 Step R across L (straighten body to 3.00), Kick L to L side whilst lifting R heel of the ground (3.00)

[41-48] □ Step Across, Step Side, Step Behind, Sweep (5.00), Sailor Step, Kick L Whilst Lifting R Heel

1,2 Step L across R, Step R to R side
3,4 Step L behind R, Sweep R whilst turning your body to 5.00
5-8 Step R back, Step L next to R, Step R fwd, Kick L fwd whilst lifting R heel of the ground (5.00)

[49-56] □ Step Back, Drag, Step Back, 1/2 Turn, Step Fwd, Replace, 1/2 Turn, Step Across (Done on 45)

1,2 Step L back, Drag R towards L (5.00)
3,4 Step R back (5.00), 1/2 Turn L step L fwd (11.00)
5,6 Step R fwd, Replace weight back on L
7,8 1/2 Turn R step R fwd (5.00), Step L across R (straighten up to 3.00)

[57-64] □ Step Side, Swap Hips R, Swap Hips L, Hold, 1/4 Turn, Full Turn, Step Together

(See below of optional 6, 7, 8)

1,2 Step R to R side, Swap hips R
3,4 Swap hips L, Hold (Prep for Turn to 6.00)
5,6 1/4 Turn R step R fwd (6.00)
6,7,8 1/2 Turn R step L back (12.00), 1/2 Turn R step R fwd, Step L next to R (6.00)

Optional

6,7,8 2x Full Turns to end up facing the back wall

START AGAIN

RESTART: On wall 3 dance to count 16 then start dance at front wall again.

TAG: End of wall 5 add the following counts – Step R fwd, Step L next to R

FINISH: On wall 8 dance to count 43, then sweep R around, step R behind L, Step L to 12.00 wall to finish.

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