

Dance Like We're On Fire

COPPER **KNOB**
BY STEPHEN METZ

拍数: 48 墙数: 4 级数: Improver
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - August 2014
音乐: Dance Like We're on Fire - Marc Robillard



Start after 32 count intro on verse vocal – 3mins 17secs – 165bpm

[1-8] □ R box fwd, hold, L mambo, hold

1-4 Step R side, step L together, step R forward, hold
5-8 Rock L forward, recover weight on R, step L back, hold

[9-16] □ R & L back, R toes back, ½ R, L rocking chair

1-4 Step R back, step L back, touch R toes back, turning ½ right step weight down (6 o'clock)
5-8 Rock L forward, recover weight on R, rock L back, recover weight on R

[17-24] □ L box fwd, hold, R mambo, hold

1-4 Step L side, step R together, step L forward, hold
5-8 Rock R forward, recover weight on L, step R back, hold

[25-32] □ L & R back, L toes back, ¼ L, R cross, L kick, L behind, R side

1-4 Step L back, step R back, touch L toes back, turning ¼ left step weight down (3 o'clock)
5-8 Cross step R over L, kick L to left diagonal, cross step L behind R, step R side

[32-40] □ L cross toe strut, ¼ R toe strut, L fwd, ½ R pivot, L fwd, hold

1-4 Cross touch L toes over R, step L down, turning ¼ right touch R toes forward, step R down (6 o'clock)
5-8 Step L forward, pivot ½ right, step L forward, hold (12 o'clock)

[41-48] □ L full turn fwd or R fwd lock, hold, L fwd, ¼ R pivot, L cross step, hold

1-4 Step R forward, lock L behind R, step R forward, hold
Turning option 1-4: Turning ½ left step R back, turning ½ left step L forward, step R forward, hold
5-8 Step L forward, pivot ¼ right, cross step L over R, hold (3 o'clock)

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