

# Limes

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Gaye Teather (UK) - August 2014  
音乐: Limes - Brad Paisley : (CD: Moonshine In The Trunk)



#40 count intro from very first beat – 20 seconds – start on vocal

**Kick-ball-cross. Side. Drag. Together. Cross. Side. Behind-side-cross**

- 1&2      Kick Right foot forward. Step Right beside Left. Cross Left over Right
- 3 – 4      Step Right to Right side (Long step). Drag Left towards Right (arms out to sides for styling)
- &5 – 6      Step Left beside Right. Cross Right over Left. Step Left to Left side
- 7&8      Cross Right behind Left. Step Left to Left side. Cross Right over Left

**Side Left. Quarter turn Right. Left shuffle forward. Step. Hold. Together. Walk. Walk**

- 1 – 2      Step Left to Left side. Quarter turn Right placing weight onto Right (Facing 3 o'clock)
- 3&4      Step forward on Left. Step Right beside Left. Step forward on Left
- 5 – 6      Step forward on Right. Hold
- &7 – 8      Step Left beside Right. Walk forward Right. Left

**\*During wall 3 (which starts facing 12 o'clock), dance up to and including count 7 above (step forward Right) then pivot quarter turn Left to face 12 o'clock and and start again from the beginning**

**Forward rock. Shuffle half turn Right. Point side. Hood. Together. Point side. Point across**

- 1 – 2      Rock forward on Right. Recover onto Left
- 3&4      Shuffle half turn Right stepping Right. Left. Right (Facing 9 o'clock)
- 5 – 6      Point Left toe to Left side. Hold
- &7 – 8      Step Left beside Right. Point Right toe to Right side. Point Right across Left (towards Left diagonal)

**Chasse Right. Back rock. Chasse Left. Back rock**

- 1&2      Step Right to Right side. Step Left beside Right. Step Right to Right side
- 3 – 4      Rock back on Left. Recover onto Right
- 5&6      Step Left to Left side. Step Right beside Left. Step Left to Left side
- 7 – 8      Rock back on Right. Recover onto Left

**Side. Behind. Quarter turn Right. Shuffle forward. Step. Pivot half turn Right. Triple half turn Right**

- 1 – 2      Step Right to Right side. Cross Left behind Right
- 3&4      Quarter turn Right stepping forward on Right. Step Left beside Right. Step forward on Right
- 5 – 6      Step forward on Left. Pivot half turn Right
- 7&8      Triple half turn Right stepping Left. Right. Left (travelling slightly back) (Facing 12 o'clock)

**Back. Hold. Ball cross. Hold. Back . Kick-ball-cross. Kick-ball-cross**

- 1 – 2      Step back on Right. Hold
- &3 – 4      Step ball of Left beside Right. Cross Right over Left. Hold
- &5&6      Step slightly back on Left. Kick Right diagonally forward Right. Step Right beside Left. Cross Left over Right
- 7&8      Kick Right diagonally forward Right. Step Right beside Left. Cross Left over Right

**Side rock. Behind. Quarter turn Left. Step. Forward rock. Coaster step**

- 1 – 2      Rock Right to Right side. Recover onto Left
- 3&4      Cross Right behind Left. Quarter turn Left stepping forward on Left. Step forward on Right (Facing 9 o'clock)
- 5 – 6      Rock forward on Left. Recover onto Right
- 7&8      Step back on Left. Step Right beside Left. Step forward on Left

**Step. Pivot quarter turn Left. Cross shuffle. Chasse Left. Back rock**

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| 1 – 2 | Step forward on Right. Pivot quarter turn Left (Facing 6 o'clock)      |
| 3&4   | Cross Right over Left. Step Left to Left side. Cross Right over Left   |
| 5&6   | Step Left to Left side. Step Right beside Left. Step Left to Left side |
| 7 – 8 | Rock back Right behind Left. Recover onto Left                         |

**Start again**

**Choreographer's note: Easier option for improvers**

**This dance can be easily adapted for improvers by simply dancing the first 4 sections only, making it a 32 count, 4 wall dance.**

**The Restart is exactly the same as for the above dance but on wall 5 (which starts facing 12 o'clock)**

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