

Catch Me If You Can

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Annette Haslund (DK) - August 2014
音乐: Catch Me If You Can - Dylan Scott : (EP: Dylan Scott - iTunes)



Intro (32 count)

CROSS POINT, CROSS POINT, JAZZ BOX CROSS

1 - 4 Cross R over L, point L to L, cross L over R, point R to R
5 - 8 Cross R over L, step back on L, step R to R side, cross L over R

RIGHT FIGURE OF 8, ¼ TURN

1 - 8 Step R to R side, cross L behind R, ¼ turn R stepping forward on R, step L forward, pivot ½ turn R, make ¼ turn R and step L to L side, cross R behind L, ¼ turn L stepping forward on L (9 o'clock)

* Restart dance here on wall 4 (6 o'clock)

R+L TOE STRUT, R ROCK STEP, R COASTER STEP

1 - 4 Step R toe forward, drop R heel (weight on R), Step L toe forward, drop L heel (weight on L)
5 - 6 Rock R forward, recover on L
7&8 Step R back, Step L together, step R forward

L ROCK STEP, L SHUFFLE ½ TURN, R ROCKING CHAIR

1 - 2 Rock L forward, recover on R
3&4 ¼ turn L stepping L to side, step R together, ¼ turn L stepping L to side
5 - 8 Rock R Forward, recover on L, Rock R back, recover on L (3 o'clock)

RESTART THE DANCE AND HAVE FUN

* Restart on wall 4 after the first 16 count (6 o'clock)

Contact: ahfpost-dance@yahoo.dk