

# Back and Forth

COPPER KNOB  
BY STEPHEN T. S.

拍数: 32      墙数: 4      级数: Improver  
编舞者: Sue Smyth (UK) - August 2014  
音乐: Walkin' the Floor Over Me - Alan Jackson



Intro: 16 counts

## Right Heel Strut, Left Heel Strut, Right Lock Right, Left Heel Strut Right Heel Strut, Left Lock Left

1&2&      Step Right Heel Fwd, Step Weight On Right, Step Left Heel Fwd, Step Weight On Left  
3&4      Step Fwd On Right, Lock Left Behind Right, Step Fwd On Right  
5&6&      Step Left Heel Fwd, Step Weight On Left, Step Right Heel Fwd, Step Weight On Right  
7&8      Step Fwd On Left, Lock Right Behind Left, Step Fwd On Left

## Right Mambo Fwd, Step Back Hitch, Back Hitch, Back Hitch, Left Coaster Step, Step ¼ Turn Cross

1&2&      Rock Fwd On Right, Rec On Left, Step Back On Right, Hitch Left Leg  
3&4&      Step Back On Left, Hitch Right Leg, Step Back On Right, Hitch Left Leg  
5&6      Step Back On Left, Step Right Beside Left, Step Fwd On Left  
7&8      Step Fwd On Right, Make ¼ Turn Left Placing Weight On Left, Cross Right Over Left

## Left Scissors Cross, Right Scissor Cross, Side Tog Fwd, Walk Fwd Right, Left

1&2      Step Left To Left Side, Step Right Beside Left, Cross Left Over Right,  
3&4      Step Right To Right Side, Step Left Beside Right, Cross Right Over Left  
5&6&      Step Left To Left Side, Step Right Beside Left, Step Fwd On Left, Scuff Right Foot Fwd  
7&8&      Step Fwd On Right, Clap, Step Fwd On Left, Clap

## Right Mambo ½ Turn, Triple ½ Turn, Right Lock Back, Left Coaster Step

1&2      Rock Fwd On Right, Rec On Left ½ Turn Right Stepping Fwd On Right  
3&4      Shuffle ½ Turn Right On The Spot (Triple Turn) L R L,  
5&6      Step Back On Right, Lock Left Infront Of Right, Step Back On Right,  
7&8      Step Back On Left, Step Right Beside Left, Step Fwd On Left

Ending : You Will Be Facing 6 O'clock On Sec 2 Wall 7---- 7&8-- Instead Of Doing A Step ¼ Turn, Do A Step ½ Turn To Face 12 O'clock

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