

Take A Minute

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Easy Improver
编舞者: Jamie Barnfield (UK) - August 2014
音乐: Take a Minute - Sharon Corr



Intro: 16 counts

S1: ROCK BACK R, RECOVER, SHUFFLE ½ L, BACK L, ½ R, L SHUFFLE

1-2 Rock back on right, Recover on left
3&4 ¼ left stepping right to right side, Step left next to right, ¼ left stepping back on right
5-6 Step back on left, ½ turn right stepping forward on right
7&8 Step forward left, Step right next to left, Step forward left [12.00]

S2: ROCK FORWARD, RECOVER, R COASTER, STEP, ¼ PIVOT, CROSS SHUFFLE

1-2 Rock forward on right, Recover on left
3&4 Step back on Right, Close left next to right, Step forward on right
5-6 Step forward on left, Pivot ¼ right (weight on right) [3.00]
7&8 Cross left over right, Step right to right side, Cross left over right *Restart Walls 3 & 7

S3: SIDE, BEHIND, ¼ R SHUFFLE, STEP, ¼ PIVOT, CROSS SHUFFLE

1-2 Step right to right side, Cross left behind right
3&4 Step right to right side, Close left next to right, ¼ right stepping forward on right [6.00]
5-6 Step forward on left, Pivot ¼ turn right (weight on right) [9.00]
7&8 Cross left over right, Step right to right side, Cross left over right

S4: SIDE TOGETHER, R COASTER, ROCK FORWARD, RECOVER, L COASTER

1-2 Step right to right side, Step left next to right
3&4 Step back on right, Close left next to right, Step forward on right
5-6 Rock forward on left, Recover on right
7&8 Step back on left, Step right next to left, Step forward on left [9.00]

*RESTARTS: Walls 3 & 7 after 16 counts

TAG: End of Wall 6

1-2 Sway Right, Sway Left

Contact: www.boogie-shoes.co.uk - boogie_shoes@live.co.uk