

Eternal Secret

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Ria Vos (NL) - August 2014
音乐: The Secret - David Nail : (Album: I'm A Fire)



Intro: 16 Counts

Step Back with Sweep, Behind, Side, Cross Rock, ¼ L, Hitch ½ L, Back, Back, Rock Back, Step Fwd, Sweep ¼ R, Touch Fwd

1-2& Step Back on R Sweeping L from Front to Back, Step L Behind R, Step R to R Side
3& Cross Rock L Over R, Recover on R
4& ¼ Turn L Step Fwd on L and Hitch R into another ½ Turn L on L foot (3:00)
5& Step Back on R, Step Back on L
6& Rock Back on R, Recover on L
7&8 Step Fwd on R, Sweep L From Back to Front into ¼ Turn R, Touch L Fwd (6:00)

Hitch, Behind, Side Rock, Behind, ¼ L, Step, Pivot ¾ Turn L, Step Side, Behind, ¼ R, ¼ R Basic L

&1 Hitch L, Step L Behind R
2&3& Rock R to R Side, Recover on L, Step R Behind L, ¼ Turn L Step Fwd on L (3:00)
4& Step Fwd on R, Pivot ¾ Turn L (6:00)*** Restart Point
5 Step R to R Side Sweeping L Around
6& Step L Behind R, ¼ Turn R Step Fwd on R (9:00)
7-8& ¼ Turn R Step L Long Step to L Side, Step R Behind L, Cross L Over R (12:00)

1/8 Turn R Rocking Chair, Step Fwd x2, Step Spiral Full Turn L, Step Fwd Sweep, JazzBox Cross 1/8 Turn R, Side with Drag

Note: Count 1-5 are being danced towards R Diagonal (1:30)

1&2& 1/8 Turn R Rock Fwd on R, Recover on L, Rock Back on R, Recover on L
3& "run" Fwd R-L
4 Step Fwd on R and Spiral Turn Full Turn L
5 Step Fwd on L Sweeping R Around from Back to Front
6&7& Cross R Over L, 1/8 Turn R Step Back on L, Step R to R Side, Cross L Over R (3:00)
8 Step R Long Step to R Side Dragging L Towards R

Back Rock, Side Together, Fwd Rock, ½ L Step Fwd, Sweep ¼ L, Prissy Walk Fwd x2, Rock Fwd, Full Turn R

1&2& Rock Back on L, Recover on R, Step L to L Side, Step R Next to L
3& Rock Fwd on L, Recover on R
4& ½ Turn L Step Fwd on L, On L foot Sweep R Around into Another ¼ Turn L (6:00)
5-6 Walk slightly Crossed Fwd R-L
7&8& Rock Fwd on R, Recover on L, ½ Turn R Step Fwd on R, ½ Turn R Step Back on L

Tag: After wall 3 (6:00)

1-2& Step Back on R, Rock Back on L, Recover on R
3-4& Step Fwd on L, Rock Fwd on R, Recover on L

Restart: On wall 7 (6:00) After count 12&

Note: You normally would step to the side on count 13, so try to step back for count 1 but don't worry if you go to the side a bit.

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