

Thinking Out Loud

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Klara Wallman (SWE) - August 2014
音乐: Thinking Out Loud - Ed Sheeran : (2:42)



Start on vocals, there is No lead in. The first beat is the first step!

Spiral turn, Sweep ½, Cross, Back, Together, Cross, Shuffle ¼.

1-2-3 Step L forward (1), Turn a full spiral turn R on L (2), Step R forward as you sweep ½ with L from back to front (3). (6.00)
4&5-6 Cross L over R (4), Step R diagonally back (&), Step L next to R (5). Cross R over L (6).
7&8 Turn ¼ R stepping L back (7), Step R next to L (&), Step L back (8). (9.00)

Ball Step, Step, Kickball, Run, Run, Rock Forward, Rock Side, Behind, Side, Cross.

&1-2 Take a small step back on ball of R (&), Step L forward (1), Step R forward (2).
3&4& Kick L forward (3), Step L next to R (&), Small step forward R (4), Small step forward L (&).
5&6& Rock R forward (5), Recover onto L (&), Rock R to R side (6), Recover onto L (&).
7&8 Step R behind L (7), Step L to L side (&), Cross R over L (8).

Turn ¼, Together, Step, Shuffle, Rock Side, Hitch, Big Step, ¼ Coaster step.

&1-2 Turn ¼ R step L back (&), Step R next to L (1), Step L forward (2). (12.00)
3&4 Step right forward (3), Step L next to R (&), Step R forward (4).
5&a6 Rock L to L side (5), Recover onto R (&), Hitch L knee (a), Take a big step with L to L side.
7&8 Turn ¼ R step R back (7), Step L next to R (&), Step R forward (8). (3.00)

Step, Step turn ½, Turn ½ w Sweep, Behind, Side, Cross, Side, Touch, Run ¼, Run ¼ (in a circle)

1-2&3 Step L forward (1), Step R forward (2), Pivot ½ L (&), Turn ½ L step R back and make a sweep with L from front to back (3). (3.00)
4&5 Step L behind R (4), Step R to R side (&), Cross L over R (5).
6-7 Step R to R side (6), Touch L next to R (7). (Note: Bend your knees when you do the touch for extra styling)
8& Turn ¼ L run L forward (8), Turn ¼ L run R forward (&). (9.00)

Start again!

Tags: After wall 4 (12.00) and after wall 8 (12.00).

Walk, Walk, Step turn ½, Turn ½, Step, Coaster step, Step.

1-2 Step L forward (1), Step R forward (2).
3&4 Step L forward (3), Pivot ½ R (&), Turn ½ R Step L back (4). (12.00)
5-6&7 Step R back (5), Step L back (6), Step R next to L (&), Step L forward (7).
8 Step R forward (8). Start the dance again!

Enjoy!

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