

# Moving Hips

**COPPER KNOB**  
STEPPERS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Frank Trace (USA) - August 2014  
音乐: "Moviendo Caderas" by Yandel & Daddy Yankee



Begin after 64 counts on the strong beat.

Alt. music: "Fireball" by Pitbull

## RIGHT SIDE MAMBO, LEFT SIDE MAMBO, FORWARD MAMBO, BACK MAMBO

1&2      Rock R to right side, recover onto L, step R next to L  
3&4      Rock L to left side, recover onto R, step L next to R  
5&6      Rock R forward, recover onto L, step R next to L  
7&8      Rock L back, recover onto R, step L next to R

## WALK, WALK, SHUFFLE FORWARD, ROCK, RECOVER, SHUFFLE BACK

1-2      Walk forward R, L  
3&4      Shuffle forward stepping R-L-R  
5-6      Rock forward on L, recover onto R  
7&8      Shuffle back stepping L-R-L

## STEP BACK, HEEL, STEP BACK, HEEL, STEP, STEP, SYNCOPADED HIP SWEVELS

1-2      Step back on R, touch L heel diagonally forward left  
3-4      Step back on L, touch R heel diagonally forward right  
5-6      Step R slightly back, step L next to R  
7&8      Syncopated hips swivels counter clockwise twice (weight ends on left)

## ¼ TURN HIPS ROLLS (X3), CROSS STEP, STEP BACK

1-2      Step R forward, pivot (hip roll counter clockwise) ¼ turn (9:00)  
3-4      Step R forward, pivot (hip roll counter clockwise) ¼ turn (6:00)  
5-6      Step R forward, pivot (hip roll counter clockwise) ¼ turn (3:00)  
7-8      Step R over L, step L back

## REPEAT

**ENDING:** At the end of the song the beat stops, but Yandel still sings.  
Finish out the last 8 counts of the dance (Hip Rolls) to finish at the front wall.

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