

That's Me

COPPER KNOB
BY STEPHEN HETS

拍数: 120 墙数: 2 级数: Intermediate
编舞者: Arne Stakkestad (BEL) - August 2014
音乐: That's Me - Ricky Travers : (CD: That's Me)



Start after 60 counts intro on lyrics - Sequence: A A B tag A A B B B B (40)

Part A: 48 counts

[1-8] □ Forw Step, Lock, Step, Hold, Mambostep, Hold

1-4 RF step forward, LF lock behind RF, RF step forward, hold
5-8 LF rock forward, recover weight on RF, LF step backward, hold

[9-16] □ Backw Step, Lock, Step, Hold, Mambostep, Hold

1-4 RF step backward, LF lock before RF, RF step backward, hold
5-8 LF rock backward, recover weight on RF, LF step forward, hold

[17-24] Toe, Heel, Stomp, Hold, Toe, Heel, Stomp, Hold

1-4 RF touch toe beside LF, RF touch heel beside LF, RF stomp right side, hold
5-8 LF touch toe beside RF, LF touch heel beside RF, LF stomp left side, hold

[25-32] Sailorstep, Hold, Sailorstep, Hold

1-4 RF cross behind LF, LF step left side, RF step right side, hold
5-8 LF cross behind RF, RF step right side, LF step left side, hold

[33-40] Rockingchair, Side Mambostep, hold

1-4 RF rock forward, recover weight on LF, RF rock backward, recover weight on LF
5-8 RF rock right side, recover weight on LF, RF step beside LF, hold

[40-48] Rockingchair, Side Mambostep ½ L, hold

1-4 LF rock forward, recover weight on RF, LF rock backward, recover weight on RF
5-8 LF rock left side, recover weight on RF, ½ left LF step beside RF, hold

Part B: 72 counts

[1-8] □ Jumping Cross, Kick x2, ½ L, Jumping Kick, Cross x2

1-4 RF jumping cross over LF, LF step back kick RF forward, RF jumping cross over LF, LF step back kick RF forward
5-8 ½ left RF step back kick LF forward, LF jumping cross over RF, RF step back kick LF forward, LF jumping cross over RF

[9-16] Stomp Backw, Swivels, Stomp Forw, Swivels

1-4 RF stomp diagonal right back, LF swivel heel, toe, heel diagonal right back
5-8 LF stomp diagonal left forward, RF swivel heel, toe, heel diagonal left forward

[17-24] Monterey Turn, Swivets R, L

1-4 RF touch right side, ½ right RF step beside LF, LF touch left side, LF step beside RF
5-8 swivel R Toe right and L Heel left, return to centre, swivel L Toe left and R Heel right, return to centre

[25-32] Kick, Scuff, Flick, Scuff, Pivot, Pivot

1-4 RF kick forward, RF scuff back, RF kick back, RF scuff forward
5-8 RF step forward, ½ left on ball, weight LF, RF step forward, ½ left on ball, weight LF

[33-40] Jazzboxcross, Side Kick, Hook Behind, Side Kick, Hook Front

1-4 RF cross over LF, LF step back, RF step right side, LF cross over RF
5-8 RF kick right side, RF hook behind L Knee, RF kick right side, RF hook before L Knee

[41-48] Toestrut, Toestrut ½ R, Jumping Rockstep, Stomp, Hold

1-4 RF touch toe forward, heel down, ½ right LF touch toe back, heel down
5-8 RF jump back kick LF forward, LF step forward, RF stomp beside LF, hold

[49-56] Kick, Scuff, Flick, Scuff, Pivot, Pivot

1-4 LF kick forward, LF scuff back, LF kick back, LF scuff forward
5-8 LF step forward, ½ right on ball, weight RF, LF step forward, ½ right on ball, weight RF

[57-64] Jazzboxcross, Side Kick, Hook Behind, Side Kick, Hook Front

1-4 LF cross over RF, RF step back, LF step left side, RF cross over LF
5-8 LF kick left side, LF hook behind RKnee, LF kick left side, LF hook before RKnee

[65-72] Toestrut, Toestrut ½ L, Jumping Rockstep, Stomp, Hold

1-4 LF touch toe forward, heel down, ½ left RF touch toe back, heel down
5-8 LF jump back kick RF forward, RF step forward, LF stomp beside RF, hold

Tag: 8 counts

Heel, Close, Heel Close, Cross, Unwind Full Turn L

1-4 RF touch heel diagonal right forward, RF step beside LF, LF touch heel diagonal left forward,
LF step beside RF
5-8 RF cross over LF, full turn left (unwind) on 6-7-8, weight LF
