

A Long Way Home

COPPER **KNOB**
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Gordon Elliott (AUS) - June 2014
音乐: The Long Way Home - Derek Ryan : (Album: Country Soul)



Original Position: □ Feet Together Weight On The Left Foot.
This dance is done in FOUR directions. Introduction : 16 Beats

SIDE SHUFFLE, BACK, ROCK, SIDE SHUFFLE, BACK, ROCK

1 & 2 Side Shuffle To The Right Step : R-L-R,
3, 4 Step L Back, Rock Forward Onto R,
5 & 6 Side Shuffle To The Left Step : L-R-L,
7, 8 Step R Back, Rock Forward Onto L.

SHUFFLE FORWARD, PIVOT TURN, SHUFFLE FORWARD, PIVOT TURN

1 & 2 Shuffle Forward Step : R-L-R,
3, 4 Pivot : Step L Forward, Turn 180 □ Right Take Weight Onto R,
5 & 6 Shuffle Forward Step : L-R-L,
7, 8 Pivot : Step R Forward, Turn 180 □ Left Take Weight Onto L.

FORWARD, LOCK, SHUFFLE FORWARD, FORWARD, LOCK, SHUFFLE FORWARD

1, 2 Step R Forward At 45 □ Right, Lock L Behind Right,
3 & 4 Lock Shuffle Forward At 45 □ Right Step : R-L-R,
5, 6 Step L Forward At 45 □ Left, Lock R Behind Left,
7 & 8 Lock Shuffle Forward At 45 □ Left Step : L-R-L.

BACK, TOUCH, BACK, TOUCH, BACK, TOUCH, BACK, TOUCH

1, 2 Step R Back At 45 □ Right, Touch L Toe Together,
3, 4 Step L Back At 45 □ Left, Touch R Toe Together,
5, 6 Step R Back At 45 □ Right, Touch L Toe Together,
7, 8 Step L Back At 45 □ Left, Touch R Toe Together.

SIDE, ROCK, SHUFFLE ACROSS, SIDE, ROCK, SHUFFLE ACROSS

1, 2 Step R To The Side, Side Rock Onto L,
3 & 4 Shuffle Right Across In Front Of Left Step : R-L-R,
5, 6 Step L To The Side, Side Rock Onto R,
7 & 8 Shuffle Left Across In Front Of Right Step : L-R-L.

VINE RIGHT & TOUCH, VINE LEFT 1/4 TURN & SCUFF

1, 2 Vine : Step R To The Side, Step L Behind Right,
3, 4 Step R To The Side, Touch L Toe Together,
5, 6 Vine : Step L To The Side, Step R Behind Left,
7, 8 Turn 90 □ Left Step L Forward, Scuff R Forward. ##

FORWARD, ROCK, COASTER STEP, FORWARD, ROCK, COASTER STEP

1, 2 Step R Forward, Rock Back Onto L,
3 & 4 Coaster : Step R Back, Step L Together, Step R Forward,
5, 6 Step L Forward, Rock Back Onto R,
7 & 8 Coaster : Step L Back, Step R Together, Step L Forward.

PADDLE TURN, PADDLE TURN, STOMP, STOMP, CLAP, CLAP

1, 2 Paddle : Step R Forward, Turn 90 □ Left Take Weight Onto L,
3, 4 Paddle : Step R Forward, Turn 90 □ Left Take Weight Onto L,

5, 6 Stomp R Forward, Stomp L Together,
7, 8 Hold & Clap, Hold & Clap.

[64] REPEAT THE DANCE IN NEW DIRECTION

RESTART : On WALL 2 dance to BEAT 48 (##) then RESTART facing the FRONT

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