

Happy

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Daniel Trepát (NL) & Roy Verdonk (NL) - July 2013
音乐: Happy by C2C



Intro: □ 32 counts from first beat in music (app. 20 sec. into track).

*1st Tag: In wall 4 after 32 counts a 32 count tag

**2nd Tag: In wall 6 after 8 counts a 8 count tag

[1 – 8] □ Side, Rock & ¼ turn L, ¼ turn side, Cross, Side, Rock & ¼ turn L, ¼ turn side, Cross □

1 – 2& Step R to R side (1), Rock L back (2), Recover on R (&) □ 12:00
3 – 4& ¼ turn L stepping L forward (3), ¼ turn L stepping R to R side (4), Cross L over R (&) □ 6:00
5 – 6& Step R to R side (5), Rock L back (6), Recover on R (&) □ 6:00
7&8 ¼ turn L stepping L forward (7), ¼ turn L stepping R to R side (8), Cross L over R (&) 12:00

[9 – 16] Side, Rock & Side, Rockstep, Swivel Charlestons forward, Rockstep fwd, Step back □

1 – 2& Step R to R side (1), Rock L back (2), Recover on R (&) □ 12:00
3 – 4& Step L to L side (3), Rock R back (4), Recover on L while swivelling both heels out (lifting R leg) (&) □ 12:00
5&6& Step R forward and swivel both heels in (5), Swivel both heels out (lifting L leg) (&), Step L forward and swivel both heels in (6), Swivel both heels out (lifting R leg) (&) □ 12:00
7&8 Rock R forward (7), Recover on L (&), Step R back (8) □ 12:00

[17 – 24] □ Kick side 4x stepping slightly back, Rock & Step fwd, Kick & Step back □

1&2& Kick L to L side (1), Step L slightly back (&), Kick R to R side (2), Step R slightly back (&) □ 12:00
3&4 Kick L to L side (3), Step L slightly back (&), Kick R to R side (4), Step R slightly back (&) □ 12:00
5&6 Rock L back (5), Recover on R (&), Step L forward (6) □ 12:00
7&8 Charleston kick R forward (7), Hitch R leg (&), Step R back (8) □ 12:00

[25 – 32] Sailor 1/8 turn L, Walk R L, ½ turning cross shuffle, Walk L, Step out □

1&2 Cross L behind R (1), Step R slightly to R side (&), 1/8 turn L stepping L forward (2) 10:30
3 – 4 Walk R forward (3), Walk L forward (4) □ 10:30
5&6 3/8 turn L stepping R back (5), Cross L over R (&), 3/8 turn L stepping R back (6) □ 1:30
7 – 8 Walk L forward (7), 1/8 turn L stepping R to R side (8) □ 12:00

[33 – 40] Sailor step, Scuff, Hitch, Step, Brush diagonal Back, Out, Toe in, Heel in, 1/2 turn L

1&2 Step L behind R (1), Step R slightly to R side (&), Step L to L side (2) □ 12:00
3&4 Scuff R forward (3), Hitch R leg (&), Step R to R side (4) □ 12:00
5 – 6 Brush L diagonal behind R (5), Step L to L side (6) □ 12:00
7&8 Turn toes in (7), Turn heels in & bend both knees (preparation to turn) (&), Start ½ turn L sweeping L from front to back (8) □ 6:00

[41 – 48] Sailor 1/8 turn L, Walk R L, ½ turning cross shuffle, Walk L, Step out □

1&2 Finish the ½ turn L Crossing L behind R (1), Step R slightly to R side (&), 1/8 turn L stepping L forward (2) 4:30
3 – 4 Walk R forward (3), Walk L forward (4) 4:30
5&6 3/8 turn L stepping R back (5), Cross L over R (&), 3/8 turn L stepping R back (6) □ 7:30
7 – 8 Walk L forward (7), 1/8 turn L stepping R to R side (8) □ 6:00

[49 – 56] Sailor step, Scuff, Hitch, Step, Brush diagonal Back, Out, Toe in, Heel in, 1/2 turn L

1&2 Step L behind R (1), Step R slightly to R side (&), Step L to L side (2) □ 6:00

- 3&4 Scuff R forward (3), Hitch R leg (&), Step R to R side (4) □ 6:00
5 – 6 Brush L diagonal behind R (5), Step L to L side (6) □ 6:00
7&8 Turn toes in (7), Turn heels in & bend both knees (preparation to turn) (&), Start ½ turn L sweeping L from front to back (8) □ 12:00

[57 – 64] □ Sailor 1/8 turn L, Walk R L, Kick & Step back, Sailor 3/8 turn L cross □

- 1&2 Cross L behind R (1), Step R slightly to R side (&), 1/8 turn L stepping L forward (2) 10:30
3 – 4 Walk R forward (3), Walk L forward (4) □ 10:30
5&6 Charleston kick R forward (5), Hitch R leg (&), Step R back (6) □ 10:30
7&8 Cross L behind R (7), 1/8 turn L stepping R slightly to R side (&), ¼ turn L crossing L over R □ 6.00

Begin again! □

TAG 1: □ In the 4th Wall after 32 counts start the tag that is 32 counts long. □

Counts 32 instead of stepping side, just touch R to R side □

Then do the first 11 counts of the dance but take your time. Every step will take 2 counts. So step hold on every step that you do. This section is in slowmotion. Then start again! □

TAG 2: □ In the 6th wall after 8 counts start the Tag that is 8 counts long. □

- 1 – 4 Bump hips to R side
5 – 8 Bump hips to L side
-