

Little Apple

COPPER KNOB
STEPPERS

拍数: 176 墙数: 2 级数: Phrased Intermediate
编舞者: Winnie Yu (CAN) - August 2014
音乐: Little Apple - Chopstick Brothers



A-64, B-64, C-32, D-16 / Sequence: ABC, ABC, BD

Intro: 32 counts

Part A: 64 counts

Section 1: Stomp R : Out – In, Side, Cross Kick, Stomp L : - Out – In, Side, Cross Kick

1-2-3-4 Stomp right out, stomp right in, step right to right side, cross kick left (1:00)

5-6-7-8 Stomp left out, stomp left in, step left to left side, cross kick right (1:00)

Section 2: Repeat Section: 1

Section 3: Walk Back: R-L-R, Touch Tog 1/2R, Walk Back: L-R-L, Touch Tog 1/4L

1-2-3-4 Walk right back & make a 1/8L (9:00), walk left & right back, touch left together & make a 1/2R (3:00)

5-6-7-8 Walk left, right & left back, touch right together & make a 1/4L (12:00)

***Hands movement: Rolling hands back when walking back.**

Section 4: Walk Back: R-L-R, Hitch, Walk: L-R-L, Touch Tog

1-2-3-4 Walk back right, left & right, hitch left

***Hands movement: Rolling hands back when walking back.**

5-6-7-8 Walk forward left, right, left, touch right together

***Hands movement: Rolling hands forward when walking forward.**

Section 5: (Side R, Cross Kick, Side L, Toe Behind) x 2

1-2-3-4 Step right side, cross kick left, step left side, touch right cross behind left

5-6-7-8 Repeat count 1 – 4

***Hands movement: Count 4 & 8 – pointing both index fingers downwards to the left & look L**

Section 6: Rolling Vine Right, Claps, Rolling Vine Left, Claps

1-2-3-4 Rolling full turn right, touch left to left side with clap hands

5-6-7-8 Rolling full turn left, touch right to right side with clap hands

Section 7: Repeat Section: 5

Section 8: Out, Out, In, In, (V Shape) JumpsX4, Out-In-Out-In

1-2-3-4 Step right forward diag. right, step left forward diag. left, step right back to center, step left together

5-6-7-8 Jumps both feet apart, jumps both feet together, repeat count 5-6

Part B: 64 counts - (Please refer video for hands movements)

Section 1: Side R, Touch Tog, Side L, Step Tog, Hands Movements

1-2-3-4 Step right side, touch left together, step left side, step right together

***Hands movement: count 1&2: right hand weave somebody comes twice, count 3&4: left thumb pointing back**

5-6-7-8 Hands movements: both hands make a 8 shape (5-6), both hands spread down out both side (7-8)

Section 2: Repeat Section: 1

Section 3: 1/4L Stomp Left in place x 3, Step Left, 1/2R Scallop Fwd, 1/4L Together

1-2-3-4 Make a 1/4L & stomp left x 3, step left in place (9:00)

***Hands movement: Left hand put beside right face, straight right hand to sky**

5&6&7& Make 1/2R small step right forward, step left together, step right forward, step left together, step right forward, step left together (3:00)

8& Step right forward, step left together & make a 1/4L (12:00)

***Hands movement: Left hand behind head, right hand drums toward body x 4**

Section 4: 1/8L R Jazz Box, Body Roll, Small Hop On Spot, Hands Up

1-2-3-4 Cross right over left, cross left over right, step right back & make a 1/8L, step left together (11:00)

***Hands movement: Comb hair R-L-R-L**

5-6 Body roll from up to down

***Hands movement: Both hands from up down to besides ears**

&7& Small hop on the spot x 3 & make a 1/8R (12:00)

8 Both Hands Up

Sections 5 – 6 - 7 : Repeat Sections: 1 - 2 - 3

Section 8: Marching On The Spot x 8 with Hands movement - refer video

1-2-3-4 Marching on the spot: R-L-R-L

5-6-7-8 Repeat count 1 – 4

Part C: 32 counts

Section 1: Walk Fwd: R-L-R, Touch, Walk Back: L-R-L, Touch

1-2-3-4 Walking forward: R-L-R, touch left to side

5-6-7-8 Walking back: L-R-L, touch right to side

Section 2: Sit on R & Bumps, Sit on L & Bumps with Hands movement

1&2&3&4 Sitting on right & bump hips with pointing Right index finger from left to right, with left hand on waist

5&6&7&8 Sitting on left & bump hips with pointing left index finger from right to left, with right hand on waist

Section 3: Right Jazz Box 1/4R x 2

1-2-3-4 Cross right over left, step left back & make a 1/4R, step right side, step left together (3:00)

5-6-7-8 Repeat count 1 – 4 (6:00)

Section 4: Shuffle Fwd: R – L, Pivot 1/2L x 2

1&2,3&4 Step right forward, step left together, step right forward, Step left forward, step right together, step left forward

5-6-7-8 Step right forward, pivot 1/2L (12:00), step right forward, pivot 1/2L (6:00)

Part D: 16 counts

R-L-R-L Changing Weight Bump Hips, Lift straight leg - refer video

1&2&3&4 Transferring weight from left to right with bumps: R-L-R-L-R-L-R, lifting left with straight leg (Right hand up to diag. R) on count 4

5&6&7&8 Transferring weight from right to left with bumps: L-R-L-R-L-R-L lifting right with straight leg (Left hand up to diag. L) on count 8

1&2&3&4 Repeat

5&6&7&8 Repeat

Have fun & always dance with smile !

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