

Ain't That a Lovin' Shame

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Martie Papendorf (SA) - August 2014
音乐: Ain't That a Lovin' Shame - Allen Karl & Donna Cunningham



Start on vocals "house" after 2 sets of 8 plus 4 counts [+/- 8 sec.]

S1: Kick ball step, Step, Pivot ½ left, Back ½ left, Back, Walk back R L, Lock step back

1&2 Kick R fwd, Step R fwd, Step L next to R,
3&4 Step R fwd, Make a pivot turn ½ left stepping L fwd, Make a ½ left stepping R back, [12.00]
&5,6 Step L back, Walk back R, L,
7&8 Step R back, Lock L across R, Step R back [12.00]

S2: Coaster ¼ right, Step, Point, Step, Brush, Cross, 2 heel lifts ½ left, Coaster step

1&2 Step L back, Step R next to L making a ¼ turn right, Step L fwd, [3.00]
3& Step R across L, Point L to left side,
4& Step L fwd, Brush R fwd,
5& Step R across L, Lift and drop heels making a ¼ turn left [weight to R], [12.00]
6 Lift and drop heels making a ¼ turn left [weight to R], [9.00]
7&8 Step L back, Step R next to L, Step L fwd [9.00]

S3: R side, Together, Fwd, L side, Together, Fwd, Heel grind, Back ¼ left, Heel, Touch

1&2 Step R to right side, Step L next to R, Step R fwd,
3&4 Step L to left side, Step R next to L, Step L fwd,
5,6 Touch R heel fwd [toe turned in], Grind toes to right,
&7,8 Step R back making a ¼ turn left, Touch L heel fwd, Touch L toes across R [6.00]

S4: &, 8 count weave left, Step pivot step ½ left, Brush, Rock recover side ¼ left

&1&2& Step L next to R, Step R across L, Step L to left side, Cross R behind L, Step L to left side,
3&4& Step R across L, Step L to left side, Cross R behind L, Step L to left side,
5&6& Step R fwd, Make a pivot turn ½ left stepping L next to R, Step R fwd, Brush L next to R,
[12.00]
7&8 Rock L across R, Recover R back making a ¼ turn left, Step L to left side [9.00]

START AGAIN

Tag 1 added after wall 2, facing 6.00 to start again [wall 3] at 9.00:

[Repeat from count 5, sec 3 to count 6, sec 4 adding 10 counts]:

#1: Heel grind, Back ¼ left, Heel, Touch, &, 8 count weave left

1,2 Touch R heel fwd [toe turned in], Grind toes to right, [6.00]
&3,4 Step R back making a ¼ turn left, Touch L heel fwd, Touch L toes across R, [3.00]
&5&6& Step L next to R, Step R across L, Step L to left side, Cross R behind L, Step L to left side,
7&8& Step R across L, Step L to left side, Cross R behind L, Step L to left side [3.00]

#2: Step pivot step ½ left, L mambo across R, R mambo across L, Rock fwd, Recover back ¼ left, Step fwd ¼ left

1&2 Step R fwd, Make a pivot turn ½ left stepping L next to R, Step R fwd, [9.00]
3&4 Rock L across R, Recover R back, Step L to left side,
5&6 Rock R across L, Recover L back, Step R to right side,
7,8& Rock L fwd, Recover R back making a ¼ turn left, Step L fwd making a ¼ turn left [3.00]

#3: Fwd, Pivot ½ left, Sway R L

1,2 Step R fwd, Make a pivot turn ½ left stepping L next to R, [9.00]

3,4 Step and sway R to right side, Step and sway L to left side [9.00]

Tag 2 added after wall 4, facing 3.00 to start again [wall 5] at 6.00:

[Repeat from count 5, sec 3 to count 6, sec 4 replacing count 6 with a "touch"]:

***1: Heel grind, Back ¼ left, Heel, Touch, &, 8 count weave left**

1,2 Touch R heel fwd [toe turned in], Grind toes to right, [3.00]

&3,4 Step R back making a ¼ turn left, Touch L heel fwd, Touch L toes across R, [12.00]

&5&6& Step L next to R, Step R across L, Step L to left side, Cross R behind L, Step L to left side,

7&8& Step R across L, Step L to left side, Cross R behind L, Step L to left side [12.00]

***2: Step pivot touch ½ left**

1&2 Step R fwd, Make a pivot turn ½ left stepping L next to R, Touch R next to L [6.00]

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