

# Let's Do The Rock

**COPPER KNOB**  
BY STEPHEN

拍数: 48                      墙数: 4                      级数: Improver  
编舞者: Sue Ann Ehmann (USA) & Terry Pournelle (USA) - August 2014  
音乐: The Rock - Ms. Jody : (CD: It's All About Me)



**Intro: 48 counts (begin on Lyrics)**

## **WALK, WALK, ANCHOR, TOUCH BEHIND, UNWIND**

1-2                      Walk forward right, left  
3&4                      Step right behind left, rock left forward, recover right  
5-8                      Touch left back (5), bounce around 1/2 turn over left shoulder (6-7-8). (Weight ends left) □ (6:00)

## **SIDE ROCK, CROSS, SIDE ROCK, CROSS, FORWARD ROCK RECOVER, COASTER**

1&2                      Rock right to side, recover left, step right across left (moving slightly forward)  
3&4                      Rock left to side, recover right, step left across right (moving slightly forward)  
5-6                      Rock right forward, recover left  
7&8                      Step right back, step left beside right, step right forward

## **BUMP 1/4 RIGHT, BUMP 1/4 RIGHT, STEP 1/4 RIGHT, STEP 1/4 RIGHT**

1&2                      Turning 1/4 right bump hip left, center, step left beside right (9:00)  
3&4                      Bump right hip right, center, turn 1/4 right stepping right forward (12:00)  
5-6                      Step left forward, pivot 1/4 right (3:00)  
7-8                      Step left forward, pivot 1/4 right (6:00)

## **ROCK, RECOVER, COASTER, RIGHT SAILOR, 1/4 LEFT SAILOR**

1-2                      Rock left forward, recover right  
3&4                      Step left back, step right beside left, step left forward  
5&6                      Step right behind left, step left to side, step right to right diagonal  
7&8                      Turning 1/4 left sweep left behind right, step right to side, step left to left diagonal (3:00)

## **RIGHT LOCK STEP, SCUFF, LEFT LOCK STEP, SCUFF**

1-4                      Step right forward angling body 1/8 turn, step left behind right, step right forward facing (3:00), scuff left  
5-8                      Step left forward angling body 1/8 turn, step right behind left, step left forward facing (3:00), scuff right

**Note: This section should feel like the old Stroll. Angle your body as you move forward**

## **BUMP RIGHT 2X, BUMP LEFT 2X, HIP ROLLS 2X**

1&2                      Stepping right side bump hips right, center, right  
3&4                      Stepping left to side bump hips left, center, left  
5-8                      Roll hips in circle counter clock-wise 2x (weight ends left)

## **BEGIN AGAIN!**

**Choreographer info:**

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