

Unlock Your Heart

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Ross Brown (ENG) - July 2014
音乐: Dreamgirl - Bouke : (CD: Dreamgirl - Single)



Intro : □32 Counts (Approx. 16 Secs)

TAP HEEL TWICE. BEHIND, SIDE, CROSS. X2.

- 1 – 2 Tap right heel next to left heel, tap right heel forward to right diagonal.
- 3 & 4 Cross step right behind left, step left to the left, cross step right over left.
- 5 – 6 Tap left heel next to right heel, tap left heel forward to left diagonal.
- 7 & 8 Cross step left behind right, step right to the right, cross step left over right. (12 O'CLOCK)

KICK BALL CROSS. SIDE, CLAP HANDS. ELVIS KNEES with ¼ TURN L.

- 1 & 2 Kick right foot forward to right diagonal, step right next to left, cross step left over right.
- 3 & 4 Step right to the right, clap hands twice.
- 5 – 6 – 7 Pop left knee in, pop right knee in, pop left knee in.
- 8 Make a ¼ turn left turning left knee out. (Weight ends on left) (9 O'CLOCK)

Optional : □On Count 8, you could also add a FLICK BACK with your right foot.

STEP. FORWARD COASTER ¼ TURN L. WALK BACK. COASTER ¼ TURN L. STEP.

- 1 Step forward with right.
- 2 & 3 Step forward with left, make a ¼ turn left stepping right next to left, step back with left.
- 4 – 5 Walk back; right, left.
- 6 & 7 Step back with right, make a ¼ turn left stepping left next to right, step forward with right.
- 8 Step forward with left. (3 O'CLOCK)

ROCK FORWARD. SHUFFLE ½ TURN R. STEP, TOGETHER ½ TURN R. CROSS SHUFFLE.

- 1 – 2 Rock forward with right, recover onto left.
- 3 & 4 Shuffle a ½ turn right stepping; right, left, right.
- 5 – 6 Step forward with left, make a ½ turn right stepping right next to left.
- 7 & 8 Cross step left over right, close right up to left, cross step left over right. (3 O'CLOCK)

END OF DANCE!

Alternative (Fast) Track : Kick Up Your Heels by Jessica Mauboy feat. Pitbull.

If dancing to this song, you will need to add a 2 Count "Strike A Pose" Tag at the end of Wall 10 (facing Back Wall).