

Sleepy Jean

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Ross Brown (ENG) - July 2014
音乐: Daydream Believer - Celtic Pride : (Album: Irish Club Anthems - Greatest Hits Collection)



Intro : 16 Counts (Approx. 36 Secs) [After Main Beat Starts]

Restarts :-

On Wall 2, Restart after 56 Counts (*R1*) facing Front Wall.

On Wall 5, Restart after 28 Counts (*R2*) facing Back Wall.

ROCK FORWARD. COASTER STEP. STEP, PIVOT ¼ TURN R. CROSS SHUFFLE.

- 1 – 2 Rock forward with right, recover onto left.
- 3 & 4 Step back with right, step left next to right, step forward with right.
- 5 – 6 Step forward with left, pivot a ¼ turn right.
- 7 & 8 Cross step left over right, close right up to left, cross step left over right. (3 O'CLOCK)

BACK ¼ TURN L, SIDE ¼ TURN L. SAMBA STEP. CROSS, KICK BALL. CROSS, KICK BALL.

- 1 – 2 Make a ¼ turn left stepping back with right, make a ¼ turn left stepping left to the left.
- 3 & 4 Cross step right over left, step left to the left, step right next to left.
- 5 – 6 & Cross step left over right, kick right foot forward to right diagonal, step right next to left.
- 7 – 8 & Cross step left over right, kick right foot forward to right diagonal, step right next to left. (9 O'CLOCK)

CROSS, BACK ¼ TURN L. COASTER STEP. STEP, BOUNCE ½ TURN L. ROCK BACK.

- 1 – 2 Cross step left over right, make a ¼ turn left stepping back with right.
- 3 & 4 Step back with left, step right next to left, step forward with left.
- 5 & 6 Step forward with right, make a ½ turn left; lifting both heels then placing both heels. (Weight ends on right)
- 7 – 8 Rock back with left, recover onto right. (12 O'CLOCK)

STEP, BOUNCE ½ TURN R. ROCK BACK. WALK FORWARD. OUT, OUT, IN, CROSS.

- 1 & 2 Step forward with left, make a ½ turn right; lifting both heels then placing both heels. (Weight ends on left)
- 3 – 4 Rock back with right, recover onto left. (*R2*)
- 5 – 6 Walk forward; right, left.
- & 7 & 8 Step right to the right, step left to the left, step right next to left, cross step left over right. (6 O'CLOCK)

SIDE, SAILOR STEP with HEEL. BALL, CROSS. SIDE. SAILOR ¼ TURN R with HEEL. BALL, STEP.

- 1 – 2 & 3 Step right to the right, cross step left behind right, step right to the right, tap left heel forward to left diagonal.
- & 4 Step left next to right, cross step right over left.
- 5 Step left to the left
- 6 & 7 Cross step right behind left, make a ¼ turn right stepping left next to right, tap right heel forward.
- & 8 Step right next to left, step forward with left. (9 O'CLOCK)

SHUFFLE FORWARD. SHUFFLE ½ TURN R. ROCK BACK. SHUFFLE FORWARD.

- 1 & 2 Step forward with right, close left up to right, step forward with right.
- 3 & 4 Shuffle a ½ turn right stepping; left, right, left.
- 5 – 6 Rock back with right, recover onto left.

7 & 8 Step forward with right, close left up to right, step forward with right. (3 O'CLOCK)

SHUFFLE ½ TURN R. ROCK BACK. FULL TURN L. STEP, PIVOT ¼ TURN L.

1 & 2 Shuffle a ½ turn right stepping; left, right, left.

3 – 4 Rock back with right, recover onto left.

5 – 6 Make a ½ turn left stepping back with right, make a ½ turn left stepping forward with left.

7 – 8 Step forward with right, pivot a ¼ turn left. (*R1*) (6 O'CLOCK)

JAZZ BOX with POINT ACROSS. BACK, POINT ACROSS, BACK, POINT ACROSS, BACK. POINT BALL STEP.

1 – 2 – 3 – 4 Cross step right over left, step back with left, step right to the right, point left foot across right.

& 5 & 6 Step back with left, point right foot across left, step back with right, point left foot across right.

& 7 & 8 Step back with left, point right foot across left, step right next to left, step forward with left. (6 O'CLOCK)

END OF DANCE! □
