

C'mon C'mon

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Yeo Yu Puay (MY) - July 2014
音乐: C'mon, C'mon - One Direction : (Album: Take Me Home)



Intro: 16 counts

[1-8] □ Out out(heels) in in (V-shape), 1/2 pivot, 1/4 pivot

1-2 Step R heel forward into right diagonal(1), step L heel out to left, shoulder width apart(2)
3-4 Step R back into centre(3), step L beside R(4)
5-6 Step R forward(5), pivot 1/2 left, shifting weight to L(6) (6.00)
7-8 Step R forward(7), pivot 1/4 left, shifting weight to L(8) (3.00)

[9-16] □ Weave left, cross point (R&L)

1-2 Cross R over L(1), step L to left(2)
3-4 Cross R behind L(3), step L to left(4)
5-6 Cross R over L(5), point L to left(6)
7-8 Cross L over R(7), point R to right(8)

[17-24] Jazz box with 1/4 turn (2x)

1-2 Cross R over L(1), step L back(2)
3-4 Turning 1/4 right, step R to right(3), Step L forward(4) (6.00)
5-6 Cross R over L(5), step L back(6)
7-8 Turning 1/4 right, step R to right(7), step L forward(8) (9.00)

RESTART HERE on Walls 2 and 6 (both facing 6.00)

[25-32] Syncopated Jumps with claps, Press & Shimmy

1&2 Take a small jump to right, stepping R to right(1), L next to R(&), clap(2)
&3,4 Take a small jump to right, stepping R to right(&), L next to R(3), clap(4)
(Note: during the chorus, the jumps hit the words "C'mon c'mon")
5-6-7-8 Press R to right shimmying shoulders for 4 counts, slowly leaning all the way to the right.
 Quickly shift weight back to L before starting dance again

Start again!

Restarts: After counts 24 on walls 2 & 6 (both facing 6.00)

Enjoy!

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