

# My Back Door

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Laura Kampschroeder (USA) - September 2013  
音乐: Lookin' Out My Back Door - Creedence Clearwater Revival



## Practice Music:-

Louisiana Saturday Night by Alabama [ 81 bpm ]

Boondocks by Little Big Town [ 88 bpm ]

## Begin on lyrics.

### [1-8] □ HEEL, HEEL, BEHIND, SIDE, CROSS, HEEL, HEEL, BEHIND, TURN ¼ R, STEP

1-2-3&4      Right heel, heel, behind, step side left, cross right over left

5-6-7&8      Left heel, heel, behind, turn ¼ right and step, step

### [9-16] □ STEP, HALF TURN LEFT, TRIPLE STEP, ROCK, RECOVER, COASTER STEP

1-2-3&4      Step forward right, ½ turn left and step, triple step forward (R,L,R)

5-6-7&8      Rock forward on left, recover, step back, together, forward

### [17-24] □ KICK, BALL CHANGE, KICK, BALL CHANGE, ROCKING CHAIR □

1&2-3&4      Kick right, step, step, kick right, step, step

5-6-7-8      Rock forward right, recover, rock back right, recover on left

### [25-32] □ PADDLE ½ TURN TO LEFT, KICK, BALL, POINT SIDE, KICK, BALL, POINT SIDE

1&2&3&4&      Push right, step left, push right, step left, push right, step left, push right, step left as you turn ½ to left.

5&6-7&8      Kick right, step, point left to left side, kick left, step, point right to right side

## REPEAT

### TAG for Lookin' Out My Back Door only: □

Continue as the music slows toward the end, then after he says "Lookin' out my back door" tap right heel 4 beats, then continue with 1/4 paddle turn to left (12:00) and finish the dance.

Strike a pose on last note with left arm up and right hand on right hip.

Choreographer Contact Information:

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