

Wiggle

拍数: 52 墙数: 4 级数: Phrased Intermediate / Advanced
编舞者: Jean-Pierre Madge (CH) - June 2014
音乐: Wiggle (feat. Snoop Dogg) - Jason Derulo



Sequence: AB, AB, AB32, B, AA

A: 16 counts

Touch Touch Lock, Up, Hand tricks, Behind Side Rock, Sweep x3

- 1a& Touch R across L (1), touch R to R(a), lock R behind L(&
2-3-4 While R is locking behind L slide it up until the knee (2), bring Left hand to L shoulder(3),
 extend your left hand to L and step your R to R(4)
5a& Step L behind R, ¼ to R and step R forward, rock L forward
6-7-8 Recover on R and sweep L, step L back and sweep R, step R back and sweep L

Coaster Step, Out-Out, Drag, and Jump, and Jump, and Jump, Up

- 1a& Step L back, step R next L, step L forward
2-3-4 Step R out, step L out, drag both feet to the center
&5 Step R forward, step L next R
&6 ¼ R and step R to R, step L next R
&7-8 Step R back, step L next R (while your are jumping to the back, go lower), stand up

B: 36 counts

Paddle Turn, Tap x3, Rock and Step Cross, Bounce x3

- 1&2& Touch R to R, touch R next L and ½ R, touch L to L, touch L next R
3&4 Tap R toe to the R 3 times and ¼ to R (weight is on R)
5&6& Rock L forward, recover, step L back, cross R over L
7&8 Bounce heels 3 times doing ¾ to L (weight on R)

*& Kick & Kick & Rock recover Back, Touch Hitch Step, Rock Recover Step

- &1&2& Kick Left forward, step L back, Kick R forward, step R back, kick L forward
3&4 Rock L to L, recover on R, step L behind R
5&6 Touch R to R, ¼ L and hitch R knee, big step forward
7&8 Rock L forward, recover, 1/2 L step L forward

Out-Out Touch Slide, Ball step, Jazz box, Hips bump

- 1&2a Step R forward, step L out, touch R next L, big step to R
3&4 Bring L next R, step L next R, ¼ R step R forward
5&6 Cross L over R, step R back, step L to L
7-8 Do a clockwise circle with your hips

Samba step, Step turn x2, Rock and Touch

- 1&2a Cross R over L, step L to L, 1/8 to R and step R back, hitch L knee
3&4 Step L back, 1/8 R step R to R, cross L over R
5&6& Step R forward, ½ L, step R forward, ½ L
7&8 Rock R forward, recover on L, touch R next L (restart here)

Out-Out Hips Back, Shake hips forward

- 1&2 Step R back, step L to L, move your hips back and lean your body forward
3 Hold
&4 Shake your hips and come back to the normal position

Restart on part B, wall 6 after 32 counts

Hope that you enjoy this dance!

Contact: Submitted by - Sindy Li : sindy.cindyling@gmail.com
