

My Friend

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner - 2S
编舞者: Diane Kale (USA) - July 2014
音乐: Amigo - David Ball



STEP, TOGETHER, CROSS, POINT, BACK, POINT, SAILOR SHUFFLE

1-2-3-4 Right step right, step left together, step right over left, left point left,
5-6 Left step back, right point right,
7&8 Cross right behind left, step left side, step right side.

WALK, WALK, SHUFFLE, ROCK, RECOVER, MAMBO, TOUCH

1-2 Walk back left, right,
3&4 Left foot step back, step right next to left, left step back,
5-6 Rock back right, recover forward on left.
7&8 Right rock forward, recover back on left, touch right next to left.

STEP DIAGONAL RIGHT, STEP BACK, TURN TOUCH CLAP (TWICE)

1-2 Right step diagonal right, touch left next to right and clap, [1:30]
3-4 Turn 1/8 turn right stepping back on left, touch right next to left and clap, [3:00]
5-6 Right step diagonal right {4:30}, touch left next to right and clap,
7-8 Turn 1/8 turn right stepping back on left, touch right next to left and clap, [6:00]

SIDE, BEHIND, SIDE TOGETHER FORWARD, CROSS ROCK, RECOVER, SHUFFLE, TURN

1-2 Right step side, cross left behind right,
3&4 Right foot step forward, left foot step next to right, right foot step forward,
5-6 Left step over right, recover onto right
7&8 Left step side, right next to left, turn ¼ left step forward left. [3:00]

Repeat

“Stay Light on Your Feet and in Your Heart”

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