

Some Kind of Hero

拍数: 64 墙数: 2 级数: Improver
编舞者: Charles & Sandra (UK) - July 2014
音乐: Some Kind of Hero - Wilko Johnson & Roger Daltrey : (Album: Going Back Home
- iTunes)



Intro: 32 counts

(Section 1) Toe Strut, Toe Strut, Forward Rock, Back, Hold

1 2 Touch Right Toe Forward, Drop Right Heel
3 4 Touch Left Toe Forward, Drop Left Heel
5 6 Rock Forward on Right, Recover On Left
7 8 Step Back on Right, Hold

(Section 2) Behind side Cross, Side Rock, behind, ¼, brush

1 2 Cross Left behind Right, Step Right to Side
3 4 Cross Left over Right, Rock out To Right
5 6 Recover Onto Left, Cross right Behind Left
7 8 Make ¼ Turn Left stepping Forward, Brush □[9:00]

(Section 3) Right Lock Step, Hold, Forward Rock, ½, Hold

1 2 Step Right Forward, Lock Left behind Right
3 4 Step Right Forward, Hold
5 6 Rock Forward on Left, Recover On Right
7 8 Make ½ Turn Left stepping forward, Hold□[3:00]

(Section 4) ¼, Hold, Behind, Side, Cross, Side, Back Rock

1 2 Make ¼ turn Left Stepping Right to Side, hold□[12:00]
3 4 Cross Left behind Right, Step Right to side
5 6 Cross Left over Right, Step Right to side
7 8 Rock Left Behind Right, Recover on Right

(Section 5) ¼, Hold, Walk, Hold, Walk, Hold, step ¼

1 2 Make ¼ Turn Left stepping forward on Left, Hold□[9:00]
3 4 Walk Right forward, Hold
5 6 Walk Left Forward Hold
7 8 Walk Right forward, pivot ¼ turn Left□[6:00]

(Section 6) Mambo Step, Hold, Coaster Step. Hold

1 2 Rock Forward on Right, Recover on Left
3 4 Step Back on Right, Hold
5 6 Step Back On Left, Step Right next to Left
7 8 Step Forward on Left, Hold

(Section 7) Side together forward, Hold, side together back, Hold

1 2 Step Right to side, Close Left beside Right
3 4 Step Forward on Right, Hold
5 6 Step Left to side, Close Right beside Left
7 8 Step Back On Left, Hold

(Section 8) Coaster step, Hold, Mambo step Hold

1 2 Step Back On Right, Close Left next to Right
3 4 Step Forward on Right, Hold

5 6 Rock Forward on Left, Recover on Right
7 8 Step Back on Left, Hold

Contact - E-mail: mercurydance@gmail.com □ □
