

Can't Let Go

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Margaret Murphy (AUS) - May 2009
音乐: Can't Let Go - Jill King : (3:27)



DANCE STARTS: 48 Count Intro, Start on Vocals

[1-8] Kickball Change, Kickball Change, Hip, Hip, Hip Hold

1&2,3&4 Right foot, Kick ball change, Right foot Kick ball change,
5,6,7,8 Bump right hip R, bump left hip L, bump right hip R and HOLD (weight on Right)

[9-16] Kickball Change, Kickball Change, Hip, Hip, Hip, Hold

1&2,3&4 Left foot, Kick ball change, Left foot Kick ball change,
5,6,7,8 Bump Left hip L, bump Right hip R, bump Left hip L and HOLD (weight on Left) **

[17-24] Grapevine Right, Grapevine Left, ½ Turn Left

1,2,3,4 Step R to R Side, step L behind R, step R to R, touch left next to right
5,6,7,8 Step Left to L, step R behind L, step L ½ turn Left, touch R next to Left. (6.00)

[25-32] ½ Turn Left, ½ Turn Right

1,2,3,4 Step R Forward, pivot ½ turn Left, step R forward, Hold,
5,6,7,8 Step L Forward, pivot ½ turn Right, step L forward, Hold

[33-40] Right, Step Lock forward, Left, Step Lock Forward

1,2,3,4 Step Right foot forward, lock left foot behind right, step right forward scuff Left fwd
5,6,7,8 Step Left forward, lock Right foot behind Left, step Left forward, scuff Right fwd.

[41-48] Rock Forward, Back, 3 Turning Toe Struts, Right

1,2,3,4 Rock/step forward onto right, replace weight back onto Left, turning ½ right, Right Toe strut,
5,6,7,8 Turning ½ Right, Left Toe strut, Right Toe strut back (6.00) *

[49-56] Side Rock Cross Left, Side rock Cross Right

1,2,3,4 Rock/step Left to left, replace weight onto Right, cross step Left over Right
5,6,7,8 Rock/step Right to Right, replace weight onto Left, cross step Right over Left

[57-64] Left Coaster Step Forward, Right Rocking Chair

1,2,3,4 Step L Forward, step Right next to Left, step left back
5,6,7,8 Rock/Step Back on R, Rock/Step forward onto Left, rock/step R back, rock/step forward onto Left.

Restart Dance

RESTARTS:-

Wall 2, dance to count 48 * (toe/struts) and Restart facing 12.00

Wall 6 dance to count 16 ** and Restart facing 6.00

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