

# Old Alabama

拍数: 32      墙数: 2      级数: Intermediate - Catalan  
编舞者: Chris Thoma - July 2014  
音乐: Old Alabama (feat. Alabama) - Brad Paisley



## S 1: touch, heel, touch, heel, side, stomp, side, stomp

1-2      touch right toe on right side, touch right heel on right side  
3-4      repeat 1-2  
5-6      right step to right side, stomp up left foot next to right (weight on right)  
7-8      left step to left side, stomp up right next to left (weight on left)

## S 2: rolling vine r, stomp, heel swivel, coaster step l

1-2      step left to left side turning  $\frac{1}{4}$  left, step right forward turning  $\frac{3}{4}$  left, step left to left side  
4      stomp up left foot next to right (weight on left)  
5-6      turn both heels to left, turn back both heels  
7&8      left step back, right step next to left foot, left step forward

**Here: Restart in 4th and 7th rounds**

## S 3: pivot turn $\frac{1}{4}$ l, pivot turn $\frac{1}{4}$ l, heel, heel, kick-ball-change

1-2      pivot turn  $\frac{1}{4}$  left ending with weight on left foot  
3-4      repeat 1-2  
5-6      touch right heel forward twice  
7&8      kick right forward, step right beside left, Step onto left in place

## S 4: step, touch behind, behind, stomp, rock back, stomp, stomp

1-2      right step forward, touch left toe behind right foot  
3-4      step left behind right, stomp up right next to left (weight on left)  
5-6      right rock back, recover on left  
7-8      stomp up right foot next to left twice (weight on left)

**Tag in 3rd, 6th, 9th and 11th rounds (always at 6 o'clock)**

## Tag: side kick r, stomp, side kick l, stomp

1-2      kick right foot to side, stomp up right next to left foot  
3-4      kick left foot to side, stomp up left next to right foot

**Restarts in 4th and 7th rounds, Tag in 3rd, 6th, 9th and 11th.**

**After 11th round + Tag hold until music Restarts**

Contact: [Christian.thoma@outlook.com](mailto:Christian.thoma@outlook.com)