

It Makes Me Feel Good

COPPER KNOB
STEPSHEETS

拍数: 32
编舞者: Jaszmine Tan (MY) - July 2014
音乐: Feel Good - Paperplane Pursuit

墙数: 4

级数: Easy Intermediate



Intro : 16 count

SEC 1 : Step diagonal back L Swivel heel, Step diagonal back R Swivel heel, Step L, Kick R, Touch R Behind, ¼ Turn R

& 1 & 2 Step L diagonal back, swivel both heels out, in, out □□(10.30)
& 3 & 4 Step R diagonal back, swivel both heels out, in, out □□(1.30)
5 – 6 Step on L, kick R forward □□ □□□(12)
7 - 8 Touch R behind, 1/4 turn R by stepping down on R. □□(3)

SEC 2 : Body move to R, L, R (Hand movement), 1/4 L Turn, Flick, R Rock Forward, recover, Coaster R

1 Move upper body to R with R hand pointing out to R, L hand pointing downward
2 Move upper body to L with L hand pointing out to L, R hand pointing downward
3 Move upper body to R with R hand pointing out to R, L hand pointing downward
4 Move upper body to L 1/4 L with L hand pointing out to L, L hand pointing downward, flick R behind (12)
5 – 6 Rock R forward, recover on L
7 & 8 Step R behind, step L next to R, step R forward

SEC 3 : Step L to L, Touch R behind L, 1/2 Turning L, Kick R forward Touch L to L, Kick L forward Touch R to R

1 – 2 Step L to L, touch R behind L
3 – 4 Step back on R 1/4 turning L, step L to L 1/4 turning L □(6)
5 & 6 Kick R forward, touch L to L
7 & 8 Kick L forward, touch R to R

SEC 4 : 2 x 1/8 Paddle Turning L, Cross R over L, Cross L over R, Hip Bump (Feel Good Bump)

1 – 2 Weight on L, Press R forward 1/8 turn L (Twice) Roll both hand roll above head □(3)
3 & 4 Cross R over L, recover on L, step R to R
5 & 6 Cross L over R, recover on R, step L to L
7 & 8 Hip bump R,L,R (Weight on R) , (Hand up side way R,L,R)

RESTART: WALL 7 – facing 6 o'clock

Dance up to 16 count (Sec 1 & 2) - Restart

Happy Dancing !

You may change the hand styling but not the steps. Thank you

Contact - Email : jaszdanze@gmail.com