

Boom Clap

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Nathan Gardiner (SCO) - July 2014
音乐: Boom Clap - Charli XCX



Intro: 20 counts

This dance is dedicated to my friend Robyn and want to say thanks for suggesting the music.

LUNGE RIGHT, RECOVER, SWEEP, BEHIND, SIDE, CROSS, & CROSS ROCK, RECOVER, & CROSS, SIDE, 1/4 LEFT, TOUCH

1-2 Lunge to right side, Recover on left (as you recover sweep right to right side)
3&4 Step right behind left, Step left to left side, Cross step right over left
&5-6 Step left next to right, Cross rock right over left, Recover on left
&7&8& Step right next to left, Cross step left over right, Step right to right side, Turn 1/4 left stepping back on left, Touch right next to left

COASTER STEP, LEFT LOCK STEP, SYNCOPATED ROCKING CHAIR, TURN 1/4 CROSS

1&2 Step back on right, Step left next to right, Step forward on right
3&4 Step forward on left, Lock right behind left, Step forward on left
5&6& Rock forward on right, Recover on left, Rock back on right, Recover on left
7&8 Step forward on right, Turn 1/4 left, Cross step right over left

CHASSE LEFT, SAILOR WITH HEEL, & CROSS, SIDE, SAILOR 1/4 LEFT

1&2 Step left to left side, Step right next to left, Step left to left side
3&4 Step right behind left, Step left to left side, Touch right heel to right diagonal
&5-6 Step right next to left, Cross step left over right, Step right to right side
7&8 Step left behind right, Turn 1/4 left stepping right to right side, Step left to left side

& WALK, WALK, MAMBO 1/2 LEFT, SHUFFLE FORWARD, MAMBO STEP, TOUCH

&1-2 Step ball of right next to left, Walk forward on left, Walk forward on right
3&4 Rock forward on left, Recover on right, Turn 1/2 left stepping forward on left
5&6 Step forward on right, Step left next to right, Step forward on right
7&8& Rock forward on left, Recover on right, Step back on left, Touch right next to left

Restart: On wall 3 dance up to count 8& then restart the dance

Start Again.....Happy Dancing

Contact: nathan.gardiner1998@hotmail.co.uk