

Sweet

COPPERKNOB
STEPSHEETS

拍数: 32
编舞者: Kim Nolan (UK) - July 2014
音乐: Sweet - Nathan Osmond

墙数: 2

级数: Improver - Country Rock



Intro: 32ct Start on lyrics.

(styling: place hands on your waist)□

Lock Step - Step - Hitch - Heel Rock - Recover - Back - Hitch

1-4 Step R forward, Cross L instep behind right heel, Step R forward, Hitch L knee up
5-8 Rock L forward weight on L heel, recover (weight back on right), Step L back, Hitch R knee up

Right Sailor - Left Sailor - Exaggerated Back Rock - Heel Dig - Together - Hitch & 2 Thigh Slaps

1&2 (upper body leans right) Step R behind left, Step L to left side, Step R back in place
3&4 (upper body leans left) Step L behind right, Step R to right side, Step L back in place
5-6 Rock back on R leaning as far back as you can, hold that position as you dig L heel forward
7&8 (ct 7) Step L back next to right, (ct &) Hitch R knee up with Slap downwards on R thigh, (ct 8) Slap upwards on R thigh

Cross - Point - Cross - Point - Kick Ball Change - Pivot

1-4 Cross R over left, Point L to left side, Cross L over right, Point R to right side
5&6 Kick R forward, Step on to R ball of foot (with weight change to right, lift left up slightly), Step L in place (with weight change to left)
7-8 Step R forward, Turn ½ left (weight change to left) Step on to L foot in place (6:00)

Jazz Box - Lean R & Hip Bumps - Lean L & Hip Bumps

1-4 Cross R over left, Step L back, Step R back to right side, Step L together
5&6 Lean with weight to right pushing hips right, left, right
7&8 Lean with weight to left pushing hips left, right, left

Start again (except when the Tag is required *see below for walls/time to insert tag(s))

*Tag sequence as follows...

Tags 1&2 (total 16ct) - together danced at the end of walls 2 & 5 (48 secs & 1m 57s)

Tags 1&2, and Tag 2 again (total 24ct) - danced at the end of walls 3 & 6 (1m 12s & 2m 22s)

Tag 1 - danced at the end of walls 8 & 9 (3m 6s & 3m 27s)

T1: 8ct Tag 1: Side Toe Strut - Together - Hold/Clap - Swivels, Hold/Clap

1-4 Touch R toes to right, Drop R heel, Step L together, Hold & clap
5-8 (weight on toes) Swivel both heels to the right, (weight on heels) Swivel all toes to the right, Swivel heels again to the right, Hold & clap

T2: 8ct Tag 2: Funky Walks x 4, Wide Full Paddle Turn with air punches

1-4 Walk forward with funky attitude right, left, right, left
5& On the spot, with outstretched R leg, keeping most of body weight left on the spot, quickly touch with weight onto R forward, Pivot ¼ L Turn and step on to L foot on the spot. At the same time, punch right arm in the air on cts 5,6,7,8
6&7&8& Repeat ct "5&" x 3 more times making a full turn (there is a quick weight change on each foot)

Ending: At the end of last wall (wall10) (after ct 32), Hold for just 1 beat, then Hitch with a slap on R thigh (3m 48s)

