

# Sunflower Waltz

COPPER KNOB  
STEPPERS

拍数: 48                      墙数: 4                      级数: Phrased Improver  
编舞者: Christine Wilde - July 2014  
音乐: Sunflower (向日葵) - Teresa Teng (鄧麗君) : (Album: Lovers In Heaven)



**Intro: 24 Counts (on lyrics) - Sequence: AAAAB, AAAAB, End**

## A - 24 Counts

### Twinkles

1-3                      Cross left over right, step right to right side, step left next to right  
4-6                      Cross right over left, step left to left side, step right next to left

### Waltz Box Forward

1-3                      Step left forward, step right to right side, step left next to right  
4-6                      Step right back, step left to left side, step right next to left

### Cross Rock, Recover, Side, Cross Rock, Recover, Side

1-3                      Cross left over right, recover left, step left to left side  
4-6                      Cross right over left, recover left, step right to right side

### Waltz Box 1/4 L

1-3                      Turn left 1/4 left, step right to right side, step left next to right  
4-6                      Step right back, step left to left side, step right next to left

## B- 24 Counts

### Full Turn Waltz Boxes

1-3                      Turn left forward 1/4 left, step right to right side, step left next to right (9:00)  
4-6                      Turn right back 1/4 left, step left to left side, step right next to left (6:00)  
1-3                      Turn left forward 1/4 left, step right to right side, step left next to right (3:00)  
4-6                      Turn right back 1/4 left, step left to left side, step right next to left (12:00)

### Waltz Box Forward

1-3                      Step left forward, step right to right side, step left next to right  
4-6                      Step right back, step left to left side, step right next to left

### Step Forward, Point & Hold, Step Back, Point & Hold

1-3                      Step left forward, point right to right side & hold  
4-6                      Step right back, point left to left side and hold

### End: □ Repeat the 1st 12 Counts of Part A plus Balances Forward and Back

1-3                      Step left forward, step right next to left, step left next to right  
4-6                      Step right back, step left next to right, step right next to left

### Step Forward, Point & Hold, Step Back, Point & Hold, Step Forward, Point & Hold

1-3                      Step left forward, point right to right side and hold  
4-6                      Step right back, point left to left side and hold  
1-3                      Step Left forward, point right to right side and Hold till music fades

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