

Love Runs Out

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: High Beginner
编舞者: Peg Rechka (USA) - July 2014
音乐: Love Runs Out - OneRepublic



Sequence: 48, 48, 48, 48, 48, 48 (music slows), 16, RESTART, 48, 48, 8
Begin on count 33, right at vocals

SET 1: COUNTS 1-8: DIAGONAL LOCK STEP, TRIPLE LOCK STEP (2X)

1-2 Step R to right diagonal (1), bring L instep to R heel (2)
3&4 Step R to right diagonal (3), bring L instep to R heel (&), step R in place (4)
5-6 Step L to left diagonal (5), bring R instep to L heel (6)
7&8 Step L to right diagonal (7), bring R instep to L heel (&), step L in place (8)

SET 2: COUNTS 9-16: ROCK, RECOVER, ½ TURN TRIPLE (2X)

1-2 Step forward R (1), recover L (2)
3&4 Step R ¼ turn right (3) (3:00), step L to R (&), step R ¼ turn right (4) (6:00)
5-6 Step forward L (5), recover L (6)
7&8 Step L ¼ turn left (7) (3:00), step R to L (&), step L ¼ turn left (8) (12:00)

SET 3: COUNTS 17-24: ROCK, RECOVER, BEHIND, SIDE, CROSS (2X)

1-2 Step R to right (1), recover L (2)
3&4 Step R behind L (3), step L to L (&), cross R front L (4)
5-6 Step L to left (5), recover R (6)
7&8 Step L behind R (7), step R to R (&), cross L front R (8)

SET 4: COUNTS 25-32: TOE STRUTS FORWARD (4X)

1-2 Step forward on R toe (1), drop R heel (2)
3-4 Step forward on L toe (3), drop L heel (4)
5-6 Step forward on R toe (5), drop R heel (6)
7-8 Step forward on L toe (7), drop L heel (8)

(For styling, add hip bumps with each step forward)

SET 4: COUNTS 25-32: THREE TURNING TRIPLES WITH FULL TURN RIGHT, KICK, STEP

1&2 Step R forward (1), step L to R (&), step R with ¼ turn right (2) (3:00)
3&4 Step L to left side (3), step R to L (&), step L back with ¼ turn right (4) (9:00)
5&6 Step R back with 1/2 turn (5), step L to R (&), step R forward (6) (6:00)
7-8 Kick L forward (7), step L in place (weight on L) (8)

SET 6: COUNTS 41-48: TOUCH STEP (2X), HIP CIRCLE

1-2 Touch R to L (1), step R to right (2)
3-4 Touch L to R (3), step L to left
5-6 Circle hips from forward right (5) to back left (6)
7-8 Circle hips from back left (7) to forward right (8)

NOTE: Music will slow on 6th rotation, continue at speed (only lasts 16 counts, then back to speed).
Restart occurs after 16 counts of NEXT rotation.

SPECIAL THANKS TO DANCE WITH JANET'S WEDNESDAY NIGHT'S GANG!

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