

Bailando Amor

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Kate Sala (UK) - July 2014
音乐: Bailando (feat. Descemer Bueno & Gente de Zona) - Enrique Iglesias
或: Bailando (feat. Sean Paul, Descemer Bueno & Gente de Zona) (English Version)
- Enrique Iglesias



Intro: 40 counts, starting on main vocals.

Syncopated Rocking Chair, Step Back, Touch, Forward, Scuff, Forward Lock Step.

1 & 2 & Rock forward on Rt. Recover on to Lt. Rock back on Rt. Recover on to Lt.
3 & 4 Rock forward on Rt. Recover on to Lt. Step back on Rt.
5 & 6 & Step back on Lt. Tap Rt toe next to Lt instep. Step forward on Rt. Scuff Lt forward.
7 & 8 Step forward on Lt. Lock step Rt behind Lt. Step forward on Lt.

Cross & Heel & Cross & Heel & Cross, Side, Back, 1/4 Turn, Side, Forward. * (Restart)

1 & 2 & Cross step Rt over Lt. Step Lt to left side. Dig Rt heel forward to Right diagonal. Step Rt in place.
3 & 4 & Cross step Lt over Rt. Step Rt to right side. Dig Lt heel forward to left diagonal. Step Lt in place.
5 & 6 Cross step Rt over Lt. Step Lt back on left diagonal. Step back on Rt.
7 & 8 Turn 1/4 right stepping with small step back on Lt. Small step on Rt to right side. step forward on Lt.

Walk x 2, Step Pivot 1/2 Turn Left, Step, Step Pivot 1/4 Turn Right, Step. Forward Lock Step.

1 2 Walk forward on Rt, Lt. 3 o'clock
3 & 4 Step forward on Rt. Pivot 1/2 turn left. Step forward on Rt. 9 o'clock
5 & 6 Step forward on Lt. Pivot 1/4 turn right. Step forward on Lt. 12 o'clock
7 & 8 Step forward on Rt. Lock step Lt behind Rt. Step forward on Rt.

Mambo 1/2 Turn Left, Triple Full Turn Left, Mambo Step, Mambo Step.

1 & 2 Rock forward on Lt. Recover on to Rt. Turn 1/2 left stepping forward on Lt. 6 o'clock
3 & 4 Turn 1/2 left stepping back on Rt. Turn 1/2 left stepping forward on Lt. Step forward on Rt.
5 & 6 Rock forward on Lt. Recover on to Rt. Step back on Lt.
7 & 8 Rock back on Rt. Recover on to Lt. Step forward on Rt.

Step, Turn 1/2 Left, Step Back, Coaster Step, Step, Turn 1/2 Left, Step Back, Coaster Step.

1 & 2 Step forward on Lt with toe turned out. Turn 1/2 left stepping back Rt. Step back on Lt.
3 & 4 Step back on Rt. Step Lt next to Rt. Step forward on Rt.
5 & 6 Step forward on Lt with toe turned out. Turn 1/2 left stepping back Rt. Step back on Lt.
7 & 8 Step back on Rt. Step Lt next to Rt. Step forward on Rt.

Cross, Side, Step Back, Cross Behind, Side, Cross Shuffle, Step Turn 1/4 Left x 3.

1 & 2 Cross step Lt over Rt. Step out on Rt to right side. Step back on Lt.
3 & Cross step Rt behind Lt. Step Lt to left side.
4 & 5 Cross step Rt over Lt. Step Lt to left side. Cross step Rt over Lt
6 7 Turn 1/4 left stepping forward on Lt. Turn 1/4 left stepping forward on Rt.
8 Turn 1/4 left stepping forward on Lt. 9 o'clock

Rock Forward Side Back, Step Forward, Mambo 1/2 Turn Left, Ball Turn 1/4 Left x 2.

1 & 2 & Rock forward on Rt, Recover, Side rock out on Rt to right side. Recover.
3 & 4 Rock back on R. Recover. Step forward on Rt.
5 & 6 Rock forward on Lt. Recover on to Rt. Turn 1/2 left stepping forward on Lt.

& 7 & 8 Step on ball of Rt next to L. Turn 1/4 left stepping forward on Lt. Repeat Ball Step with 1/4 turn left.

Step Forward, Touch, Step Back, Coaster Kick & Touch & Heel & Forward Lock Step.

1 & 2 Step forward on Rt. Touch Lt toe next to Rt instep. Step back on Lt.

3 & 4 Step back on Rt. Step Lt next to Rt. Kick Rt forward.

& 5 & 6 Step down on Rt. Touch Lt toe next to Rt. Step down on Lt. Dig Rt heel forward.

& 7 & 8 Step down on R. Step forward on Lt. Lock step Rt behind Rt. Step forward on Lt.

Restart: There is 1 restart during wall 3 after 16 counts.
