

# Life of Brian

拍数: 64                      墙数: 2                      级数: Easy Intermediate  
编舞者: Videbæk Group - July 2014  
音乐: Always Look On the Bright Side of Life - Monty Python



## Sec. 1: □Step, lock, step, brush x2,

1,2,3,4                      Step R forward, Lock L behind R, Step R forward, brush L (Look out...R "shadowhand")  
5,6,7,8                      Step L forward, Lock R behind L, Step L forward, brush R (Look out... L "shadowhand")

## Sec. 2: □Jazzbox ¼ turn, Vine, syncopated Vine

1,2,3,4                      Cross R in front of L, ¼ R stepping back L, Step R to R side, step L across R  
5,6&7,8                      Step R to R side, step L behind R, step R to R side, step L across R, step R to R side

## Sec. 3: □Toestrut x2, kick ball point x2

1,2,3,4                      Touch L toe forward, step down onto L, touch R toe forward, step down onto R (finger snaps)  
5&6                          kick L forward, step down onto L, Point R to R side  
7&8                          kick R forward, step down onto R, Point L to L side

## Sec. 4: □cross rock, chasse, sailor ¼, step ½ turn

1,2,3&4                      Rock L across R, recover onto R, step L to L side, step R together, step L to L side  
5&6                          step R behind L, ¼ turn R stepping L to L side, step forward R  
7,8                          step forward onto L, ½ R stepping forward R

## Sec. 5: □step, scuff, step, scuff, rock step, tripple full turn

1,2,3,4                      step forward L, scuff R, step forward R, scuff L (hands in side)  
5,6                          rock L across R, recover onto R  
7&8                          full triple turn L,R,L

(easy option 7&8 coaster step)

## Sec. 6: cross, side, sailor step, cross, side, sailor ¼ turn

1,2                          step R across L, step L to L side,  
3&4                          step R behind L, step L to L side, step R to R side  
5,6                          step L across R, step R to R side,  
7&8                          step L behind R, ¼ L stepping R, step L to L side

## Sec. 7: □syncopated vine x 2, chasse

1,2&3                      step R to R side, step L behind R, step R to R side, step L across R  
4,5&6                      step R to R side, step L behind R, step R to R side, step L across R  
7&8                          step R to R side, step L together, step R to R side (prep for turn)

## Sec. 8: □¼ turn L, full turn L, brush, Lock step x2

1,2,3,4                      ¼ L stepping forward L, ½ turn L stepping back R, ½ turn L stepping forward L, brush R  
5&6                          step forward R, step L behind R, step forward R  
7&8                          step forward L, step R behind L, step forward L

ENDING: sec. 6 count 7&8 Sailor ½ turn

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