Mastermind

拍数: 48

级数: Intermediate - ECS rhythm

编舞者: Lisa McCammon (USA) - July 2014

音乐: Why Lady Why - Gary Morris : (CD: Why Lady Why)

32 count intro

Sequence: intro (32), 48, 48, 32, 48, 48, 32, 48, 31; counterclockwise rotation; start weight on L This dance and Make Up Your mind can be done as floor splits.

[1-8] SIDE, HOLD, &-SWAY R, L, SAILOR STEP, "TOASTER" (TURNING COASTER) LEFT 1/4

- 1-2 Step R to side, hold
- &3-4 Step L next to R, stepping side R, sway right, sway left, transferring weight to L
- 5&6 Step R behind L, step L to side, step R to side
- 7&8 Swing L front to back starting left turn and stepping back L, step R next to L, step L forward, squaring to face [9]

[9-16] TOUCH, KICK-&-TOUCH-KICK-&-FORWARD ROCK, RECOVER, CHASSE RIGHT 1/2

- 1-2& Touch R toes home, kick R, step R home (optional styling: turn R knee in slightly during touch)
- 3-4& Touch L toes home, kick L, step L home (optional styling: turn L knee in slightly during touch)
 5-6 Rock forward onto R, recover weight onto L
- 7&8 Turn right ¼ [12] stepping to side, step L next to R, turn right ¼ [3] stepping forward R

(Harder option 7&8: turn 1-1/2 stepping forward R ½, back L ½, forward R ½--this is peppy!)

[17-24]□STEP, HOLD, &-STEP, TOUCH, CHASSÉ RIGHT ¼, FORWARD ROCK, RECOVER

- 1-2 Step forward L, hold
- &3-4 Step R next to L, step L forward, touch R home
- 5&6 Step R to side, step L next to R, turn right ¼ [6] stepping forward R
- 7-8 Rock forward onto L, recover weight onto R

[25-32] SAILOR STEP, SAILOR STEP, TOE BACK, TURN LEFT ½, CROSS ROCK, RECOVER

- 1&2 Step L behind R, step R to side, step L to side
- 3&4 Step R behind L, step L to side, step R to side (you will move back slightly during the sailors)
- 5-6 Touch L toes back, turn left ½ [12] stepping onto L (over-rotate slightly to left diagonal)
- 7-8 Cross rock R, recover weight onto L *Restart here during 3rd and 6th repetitions. The 3rd repetition

Starts and Restarts facing [6]; the 6th repetition starts and Restarts facing [12].

[33-40]□BUMP, BUMP, TURN RIGHT ¼, TURN RIGHT ¼ , "TOASTER" RIGHT ¼, WALK, WALK

1-2 Step onto R bumping hips right, bump hips left

(Optional styling during "make up your mind" hip bumps: bend arms at elbows, palms parallel to floor, and swing them R, L, looking R, L, as you bump)

- 3-4 Turn right ¼ [3] stepping forward R, turn right ¼ [6] stepping side L (maintain momentum to right)
- 5&6 Swing R front to back starting right turn and stepping back R, step L next to R, step R forward, squaring to face [9]
- 7-8 Step forward L, R (you are facing what will be your new wall)

[41-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141-48] [141

(The steps in counts 1-4 will make a forward zig zag pattern—it sounds more complicated that it is.)

- 1-2 Turning to face right diagonal of [9], take big step to left diagonal, slide R home (no weight)
- 3-4 Turning to face left diagonal of [9], take big step R to right diagonal, slide L home (no weight)
- 5&6 Turn left ¼ to face left diagonal of [6] stepping forward L, step R next to L, step forward L





墙数:4

7-8 Step forward R, turn left ½ to face right diagonal of [9]. (You will square to face [9] on count 1.)

Optional big finish: The last repetition starts facing [9]. Dance through the sailors in the 4th set (1&2, 3&4). You will be facing [3]. Instead of the toe, turn ½, do this: 5-6-7 Touch L toes back, turn ¼ L [12], stepping onto L, step forward R (ta-dah!)

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