

Bang - Bang

拍数: 64 墙数: 2 级数: Improver / Intermediate
编舞者: Peter Davenport (ES) - July 2014
音乐: Bang Bang (feat. Adam Levine) - K'naan : (Album: Troubador)



32 Count intro from when he starts singing "she shot me" approx 15 seconds
(Music Sound Track From The Film Karate Kid 3)

S1: Side Together ¼ Hold, Step ½ ½ Step

1,2,3,4 Step L to L, Bring R to L, ¼ R step L forward, HOLD □ 9
5,6,7,8 Step on R, Pivot ½ L, ½ L step back on R, HOLD

S2: Back Toe Strut, Back Toe Strut, L Sailor ½ Step, Hold

1,2,3,4 Touch L toe back, Drop L heel, Touch R toe back, Drop R heel □ 9
5,6,7,8 ½ Sweep L round back of R, Step R to R, Step L to L, HOLD 3

*T/RW3&6

S3: Toe Heel Cross, Toe Heel Cross, Back ¼ L

1,2,3 Touch R toe to L insole, Touch R heel to L insole, Cross R over L3
4,5,6 Touch L toe to R insole, Touch L heel to R insole, Cross L over R
7,8 Step back on R, ¼ L step forward on L □ 12

S4: Rock Replace, Back Sweep, Back Sweep, Back Cross

1,2,3,4 Rock forward on R, Replace on L, Step back on R, Sweep L round
5,6,7,8 Step back L, Sweep R, Step back R, Cross L over R

S5: Side Behind ¼ R, Step ½ R, ¼ R, Behind Side (figure of 8)

1,2,3,4 Step R to R, Cross L behind R, ¼ R step on R, Step on L3
5,6,7,8 Pivot ½ turn R, ¼ R step L to L, Cross R behind L, Step L to L □ 12

S6: Cross Rock Replace, Cross Rock Replace, Cross Back

1,2,3,4 Cross R over L, Recover on L, Step R to R, Cross L over R
5,6,7,8 Recover on R, Step L to L, Cross R over L, Step L back

**T/W8 □

S7: Side Hold, & Side Hold & Side Rock & Side Together

1,2& Step R to R, HOLD, Bring L to R
3,4& Step R to R, HOLD, Bring L to R
5,6& Rock R out to R, Recover on L, Bring R to L
7,8 Step L to L side, Bring R to L

S8: Syncopated Jazz Box ¼ ¼

1,2,3,4 Cross L over R, Step Back on R, Step L to L, Cross R over L [12]
5,6,7,8 ¼ R step back on L, ¼ R step R to R, Cross L over R, Step R back [6]

Dance up to and including count 7 on section 2, then add Tag, Restart the dance from count 1

*32 Count Tag & Restart on Wall 3&6 (3/4 Turn)

Out, Out, Jazz Box ¼ R x 3, Out, Out, Jazz Box On The Spot x 1 (x4)

1,2,3,4 Step R out to R, HOLD, Step L to L, HOLD
5,6,7,8 Cross R over L, Step L back, ¼ R step R to R, Step L to L

Note:-On the 4th repetition of the Jazz box, count 8 is touch L to R

Dance up to and including count 8 on section 6, then add Tag to finish the dance

**32 Count Tag & End Of Dance on Wall 8 (Full Turn)

Out, Out, Jazz Box ¼ R (x4)

1,2,3,4 Step R out to R, HOLD, Step L to L, HOLD

5,6,7,8 Cross R over L, Step L back, ¼ R step R to R, Step L to L

Note:-On the 4th repetition of the Jazz box, count 8 is touch L to R

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