

Those Were The Days

COPPER KNOB
BY STEPHEN HETS

拍数: 32 墙数: 2 级数: Higher Beginner
编舞者: Daniel Whittaker (UK) & Rob Fowler (ES) - July 2014
音乐: Those Were the Days - Hermes House Band : (Album: Greatest Hits - iTunes - 3:40)



NOTE: There are 3 EASY tags end of wall 4, 6, 7 *** It only took me 2min 20 seconds to teach this dance ***

START: Start after the saying those were the .. start on the word "days" (25 seconds in to the song)

[1-8] □ Walk right, left, shuffle, rock step coaster cross □

1-2 Walk forward right left □ 12:00
3&4 Shuffle forward R-L-R □ 12:00
5-6 Rock forward left, recover weight back on right □ 12:00
7&8 Step left foot back, close right to left, step left over right □ 12:00

[9-16] □ Grapevine, kick left, kick right, touch behind □

1-4 Step right to right, cross left behind, step right to right, kick left across right □ 12:00
5-6 Step left to left, kick right across left □ 12:00
7-8 Step right to ride side, touch left toe behind right □ 12:00

[17-24] □ Rolling vine 1 ¼ turn shuffle, rock coaster cross □

1-2 Step left foot ¼ turn left (09:00), make ½ turn left stepping back right (03:00) □ 03:00
3&4 Shuffle ½ turn left stepping left, right, left □ 09:00
5-6 Rock right foot forward, recover weight on left □ 09:00
7&8 Step right foot back, close left to right, step right over left □ 09:00

[25-32] □ Side rock, cross over ¼ turn, walk back touch, full turn □

1-2 Rock left to left side, recover weight on right □ 09:00
3-4 Cross left over right, make ¼ turn left stepping right foot back □ 06:00
5-6 Step left foot back, touch right toe back □ 06:00
7-8& Step right foot forward, make ½ turn right stepping left foot back, make further ½ turn right slightly hitching right (note this little hitch is preparation to start from the beginning of the dance facing the back wall) □ 6:00

There are 3 very easy Tags □

Tag 1: □ Rocking chair (end of wall 4) □ 12:00

1-4 Rock right forward, recover, rock right back recover

Tag 2: □ Rock step, coaster step, rock step coaster step (end of wall 6) *Note music slows down for all of wall 7 * □ 12:00

1-2 Rock right foot forward, recover weight back on left
3&4 Step right back, close left beside right, step right foot forward
5-6 Rock left foot forward, recover weight back on right
7&8 Step left back, close right beside left, step left foot forward

Tag 3: □ Rocking chair (end of wall 7) * Note music dramatically slows down and builds up faster □ 06:00

1-4 Rock right forward, recover, rock right back recover

*** ON A FINAL NOTE HAVE FUN, IT'S A GOOD SING-A-LONG, TO MAKE IT EVEN MORE FUN STAND IN LINES AND HOLD HANDS FROM COUNTS 1-16 WITH DANCERS TO THE RIGHT AND LEFT OF YOU, LET GO AFTER COUNT 16 OTHERWISE YOU WILL GET INJURED ***** □

