

Rum

拍数: 48 墙数: 4 级数: Beginner
编舞者: Judy Corwin - July 2014
音乐: Rum - Brothers Osborne : (CD: single - iTunes)



16 count intro

TOE STRUTS TO THE RIGHT; SIDE, TOGETHER & CROSS

1-2-3-4 step right toe to right side & drop right heel, cross left toe over right & drop left heel
5-6-7-8 step right to right side, step left next to right, cross right forward over left, hold

TOE STRUTS TO THE LEFT; SIDE, TOGETHER & CROSS

1-2-3-4 step left toe to left side & drop left heel, cross right toe over left & drop right heel
5-6-7-8 step left to left side, step right next to left, cross left forward over right, hold

SIDE, BEHIND, SIDE; CROSS ROCK, 1/4 TURN TO LEFT;

1-2-3-4 step right to right side, step left behind right, step right to right side, hold
5-6-7-8 cross left over right, rock back on right, step 1/4 turn left on left, hold

HIP BUMPS

1-2-3-4 touch right toe forward & do R-L-R hip bumps(forward, back, forward) weight on right on last bump, hold
5-6-7-8 touch left toe forward & do L-R-L hip bumps(forward, back, forward) weight on left on last bump, hold

RUMBA BOX

1-2-3-4 step right to right side, step left next to right, step right forward, hold
5-6-7-8 step left to left side, step right next to left, step left back, hold

STEP BACK WITH HEEL TOUCHES

1-2 step back on right, touch left heel forward
3-4 step back on left, touch right heel forward
5-6 step back on right, touch left heel forward
7-8 step back on left, touch right next to left

START AGAIN

When doing this to a faster song, you can make the heel touches in the last 8 counts as kicks for more style. One of my choices is: "Shake your boogie and roll" by Pete Stothard.

CONTACT: Judy Corwin bootscooter12@yahoo.com