

Make Up Your Mind

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Beginner / Improver
编舞者: Lisa McCammon (USA) - July 2014
音乐: Why Lady Why - Gary Morris : (CD: Why Lady Why)



32 count intro - Start weight on L

Sequence: intro, 48, 48, 32 (chorus), 48, 48, 32 (chorus), 48, 31; counterclockwise rotation;

Note to instructors: you may want to slow the track until students are familiar with the steps.

The Restarts are easy to anticipate because they occur during the chorus "It's all over town . . ." and the music changes.

Then as soon as you hear "Why, lady, why," you know to start over with the side, hold.

The only turns are $\frac{1}{4}$, although two are back-to-back, and all the steps are common combinations so don't be put off.

[1-8] □ SIDE, HOLD, BALL-SIDE, TOUCH; CROSS ROCK, RECOVER, CHASSE LEFT $\frac{1}{4}$

- 1-2 Step R to side, hold
- &3-4 Step L next to R, step R to side, touch L home (open body slightly to R diagonal)
- 5-6 Cross rock L over R, recover weight to R
- 7&8 Step L to side, step R next to L, turn left $\frac{1}{4}$ [9] stepping forward L

[9-16] □ FORWARD ROCK, RECOVER, COASTER STEP; STEP, TURN RIGHT $\frac{1}{4}$, REPEAT

- 1-2 Rock forward R, recover weight onto L
- 3&4 Step back R, step L next to R, step forward R
- 5-6 Step forward L, turn right $\frac{1}{4}$ [12] taking weight onto R
- 7-8 Step forward L, turn right $\frac{1}{4}$ [3]

[17-24] □ STEP, HOLD, BALL-STEP, TOUCH; STEP, TURN LEFT $\frac{1}{4}$, CROSS-&-CROSS

- 1-2 Step forward L, HOLD
- &3-4 Step R next to L, step L forward, touch R home
- 5-6 Step forward R, turn $\frac{1}{4}$ left [12] taking weight onto L
- 7&8 Cross step R over L, step L to side, cross step R over L

[25-32] □ CHASSE LEFT, BACK ROCK, RECOVER, SIDE, KICK, SIDE, KICK

- 1&2 Step L to side, step R next to L, step L to side
- 3-4 Rock back onto R, recover weight onto L (see note below for optional big finish here)
- 5-6 Step R to side, kick L across to R diagonal
- 7-8 Step L to side, kick R across to L diagonal *Restart here during 3rd and 6th repetitions. The 3rd repetition starts and restarts facing [6]; the 6th repetition starts and restarts facing [12].

[33-40] □ BUMP, BUMP, BUMP, FLICK; TRIPLE LEFT $\frac{1}{4}$, TRIPLE FORWARD

- 1-2-3 Step R to side bumping hips right, left, bump hips right (weight ends R)
- (Optional styling during "make up your mind" hip bumps: bend arms at elbows, palms parallel to floor, and swing them R, L, R, looking R, L, R as you bump)
- 4 Flick L foot behind R knee
- (Optional styling with flick: throw hands up as though you're giving up trying to make up your mind)
- 5&6 Turn left $\frac{1}{4}$ [9] stepping forward L, step R next to L, step L forward (keep steps small)
 - 7&8 Step forward R, step L next to R, step forward R (keep steps small)

[41-48] □ FORWARD ROCK, RECOVER, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS-&-CROSS

- 1-4 Rock forward onto L, recover weight onto R; rock L to side, recover weight onto R
- 5-6 Step L behind R, step R to side
- 7&8 Cross step L over R, step R to side, cross step L over R

**Optional big finish: The last repetition starts facing [9]. Dance through the lindy in the 4th set (1&2, 3-4), then:
5-6-7 Step R to side, step L behind R, turn ¼ right [12] stepping forward onto R (ta-dah!)**

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