

Step Off (P)

拍数: 64 墙数: 0 级数: Novice - Partner / Circle
编舞者: Marianne Langagne (FR) - July 2014
音乐: Step Off - Kacey Musgraves : (iTunes)



Intro : 32 counts (start 2 counts before lyrics) Position Back to Back

SIDE ROCK, STOMP UP X 2, SIDE ROCK, STOMP UP X 2 (Position Back to Back)

1 - 2 Rock R to side, Recover on L.
3 - 4 Stomp R. twice
5 - 6 Rock R to side, Recover on L.
7 - 8 Stomp R. twice

STEP L. ½ TURN, STOMP R. & L. , VINE TO THE R, TOUCH

1 - 2 Step FWD on R, L. ½ turn
3 - 4 Stomp R., Stomp L.
5 - 6 Step R. to side, Cross L. behind R.
7 - 8 Step R. to side, Touch L. near R.

MAN : VINE TO THE L. WITH L. ¼ TURN, SCUFF, ROCKING CHAIR –

WOMAN : VINE TO THE L. WITH L. ¼ TURN, SCUFF, STEP L. ½ TURN, ROCK BACK

1 - 2 Step L. to side, Cross R. behind L.
3 - 4 Step FWD on L. making a ¼ turn L., Scuff R
5 - 6 MAN : Rock FWD onto R, Recover L
5 - 6 WOMAN : Step FWD on R, ½ turn Left
7 - 8 MAN : Rock Back onto R, Recover on L
7 - 8 WOMAN : Rock back onto R., recover L.

Sweetheart position

TOE STRUTS

1 - 8 R. toe FWD, R. heel down (repeat with L, R, L)

VINE TO THE R., SCUFF, VINE TO THE L., SCUFF

1 - 4 Step R to side, Cross L. behind R., Step R to side, Scuff L.
5 - 8 Step L to side, Cross R. behind L., Step L to side, Scuff R.

STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF

1 - 4 Step R. FWD, Cross L. behind R., Step R. FWD, Scuff L.
5 - 8 Step L. FWD, Cross R. behind L., Step L. FWD, Scuff R.

STEP, LOCK, STEP, SCUFF, JAZZ BOX, SCUFF

1 - 4 Step R. FWD, Cross L. behind R., Step R. FWD, Scuff L.
5 - 8 Cross L. before R., R. back, Step L. to side, Scuff R.

MAN : ROCKING CHAIR, R. FOOT FWD, L. ¼ TURN, STOMP R & L

WOMAN : ROCKING CHAIR, ROCK STEP, R. ¼ TURN, STOMP R & L

1 - 4 Rock FWD onto R, Recover L., Rock back onto R, Recover L. (Hands off)
5 - 6 MAN : Step R. FWD, L. ¼ turn
5 - 6 WOMAN : Rock FWD onto R, Recover on L.
7 - 8 MAN : Stomp R., Stomp L.
7 - 8 WOMAN : Stomp R. to R. side making R. ¼ turn, Stomp L.

We are Back to Back

Smile and Start again !!!

Contact - Website : [www. Animcountry-m-m.fr](http://www.Animcountry-m-m.fr)
