

Wake Up

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Lyn Booth (AUS) - June 2014
音乐: Wake Up - The Wolfe Brothers : (Album: Wake Up - Single - iTunes - 3:44)



Dance Begins after 16 Counts (on the word "...morning")

SHUFFLE R, ROCK-REPLACE, SHUFFLE L TURNING 1/4 R, ROCK-REP

1&2 Shuffle Right to side R-L-R
3-4 Rock back on L, Replace R
5&6 Shuffle Left to side L-R-L turning 1/4 turn to Right
7-8 Rock back on R, Replace L (3:00) **

JUMP OUT-OUT HOLD, IN-IN HOLD, PIVOT 1/4 L, PIVOT 1/2 L

&1-2 Jump R to R diag., Jump L to L diag., Hold (click fingers on hold beat)
&3-4 Jump R back to centre, Jump L beside R, Hold (click fingers on hold beat)
5-6-7-8 Step FWD on R, 1/4 pivot to L, Step FWD on R, 1/2 pivot to L (6:00)

SHUFFLE FWD R, TURN 3/4 R, ROCK L OVER R, REPLACE R, & REPEAT R

1&2 Shuffle Fwd R-L-R ###
3-4 Turn 1/4 R, Step L, Turn 1/2 R (Hinge turn), Step R to side
5-6& Rock step L Over R, Replace R, Step L beside R
7-8& Rock step R Over L, Replace L, *** Step R beside L (3:00)

1/2 PIVOT R, SHUFFLE FWD L, JAZZ BOX CROSS R OVER L

1-2 3&4 Step L FWD, 1/2 Pivot R, Shuffle FWD L-R-L
5-6-7-8 Step R over L, Step L back, Step R to side, Step L Over R (9:00)

RESTARTS:-

On Wall 6 (9:00) - Restart after 8 Counts to 12:00 wall **

On Wall 11 (12:00) - Restart after 24 Counts to 3:00 wall***

Ending: Last wall starts 6:00. Dance to Count 18 facing 12:00Then - Full turn R stepping R-L to front. ###

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