

EZ Moment

COPPER **NOB**
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ann-Kristin Sandberg (NOR) - July 2014
音乐: Feel This Moment (feat. Christina Aguilera) - Pitbull : (iTunes)



Start dancing after 32 counts.

WALK FORW x 3-POINT-BACK-KICK-ROCK STEP

1-2 Step right foot forw, Step left foot forw
3-4 Step right foot forw, Point left toe to left side
5-6 Step left foot back, Kick right foot forw
7-8 Step right foot back, Recover onto left

GRAPEVINE RIGHT-GRAPEVINE LEFT

1-2 Step right foot to right side, Step left behind right
3-4 Step right foot to right side, Touch left next to right
5-6 Step left foot to left side, Step right behind left
7-8 Step left foot to left side, Touch right next to left

TOE STRUTS x 2-SIDE ROCK-CROSS-HOLD

1-2 Right toe to right side, Heel down
3-4 Cross left toe in front of right, Heel down
5-6 Step right foot to right side, Recover onto left
7-8 Cross right foot over left, Hold

SIDE RECOVER-1/4 TURN L-BACK-TOGETHER-FORW-SIDE-HEELS UP & DOWN

1-2 Step left foot to left side, Recover onto right
3-4 ¼ turn left stepping left foot back, Step right next to left (facing 09)
5-6 Step left foot forw, Step right to right side
&7&8 Lift both heels up, Both heels down, Both heels up, Both heels down

ENJOY!!!!!!

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