

Song of Puyuma

COPPER KNOB
STEPSHEETS

拍数: 112 墙数: 1 级数: Phrased Intermediate
编舞者: Jennifer Jou (TW) - June 2014
音乐: Song of Puyuma - Samingad



Sequences : TAG-1(32 counts) / AABC / TAG-1(24 counts) / AABC / TAG-1(24 counts) / TAG-2(64 counts) / BC / TAG-1(24 counts) / AA / ENDING

Introduction : Dance starts 32 counts after drumbeat kicks in.

【PART A】 28 counts

[1-8] □ SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH

1-4 Step RF to right side, step LF next to RF, step RF to right side, touch LF next to RF

5-8 Step LF to left side, step RF next to LF, step LF to left side, touch RF next to LF

[9-16] □ SIDE, TOGETHER, SIDE, 1/2 R TURN, FLICK, SIDE, TOGETHER, SIDE, FLICK

1-4 Step RF to right side, step LF next to RF, step RF to right side, make 1/2 turn right flicking LF (6:00)

5-8 Step LF to left side, step RF next to LF, step LF to left side, flick RF

[17-24] □ (1/8 TURN R, BACK WITH L KNEE UP, FORWARD WITH R KNEE UP) x 4

1-2 Make 1/8 turn right stepping back on RF with left knee being raised up slightly, step LF forward and raise right knee slightly up (7:30)

3-4 Repeat above 1-2 counts (9:00)

5-6 Repeat above 1-2 counts (10:30)

7-8 Repeat above 1-2 counts (12:00)

[25-28] □ BACK & KNEE UP, (STEP & KNEE UP) x 3

1-2 Step RF back and raise left knee slightly up, step LF down and raise right knee slightly up

3-4 Step RF down and raise left knee slightly up, step LF down and raise right knee slightly up

【PART B】 44 counts

[1-8] □ 1/4 TURN R, SMALL STEP FORWARD x 4 (R-L-R-L), 1/4 TURN L, TWIST HEELS x 4 (R-L-R-L)

1-4 Make 1/4 turn right with small step forward on RF, small step forward on LF, small step forward on RF, small step forward on LF (3:00)

5-8 Make 1/4 turn left stepping RF next to LF and twisting heels right, twist heels left, twist heels right, twist heels left (12:00)

[9-16] □ 1/4 TURN L, SMALL STEP FORWARD x 4 (L-R-L-R), 1/4 TURN R, TWIST HEELS x 4 (L-R-L-R)

1-4 Make 1/4 turn left with small step forward on LF, small step forward on RF, small step forward on LF, small step forward on RF (9:00)

5-8 Make 1/4 turn right stepping LF next to RF and twisting heels left, twist heels right, twist heels left, twist heels right (12:00)

[17-24] □ PADDLE QUARTER TURN LEFT x 4

1-4 Step RF forward, make 1/4 turn left taking weight onto LF, step RF forward, make 1/4 turn left taking weight onto LF (6:00)

5-8 Step RF forward, make 1/4 turn left taking weight onto LF, step RF forward, make 1/4 turn left taking weight onto LF (12:00)

[25-32] □ REPEAT ABOVE 1-8 COUNTS

[33-40] □ REPEAT ABOVE 9-16 COUNTS

[41-44] □ (1/2 LEFT PIVOT TURN) x 2

1-2 Step RF forward, make 1/2 turn left taking weight onto LF (6:00)

3-4 Step RF forward, make 1/2 turn left taking weight onto LF (12:00)

【PART C】 40 counts

[1-8] □ (R DIAGONAL FORWARD, STOMP, L DIAGONAL FORWARD, STOMP) x 2

1-4 Step RF forward on right diagonal, stomp LF beside RF, step LF forward on left diagonal, stomp RF beside LF

5-8 Repeat above 1-4 counts

[9-16] □ SIDE TOUCH, HITCH, SIDE TOUCH, HITCH, 1/4 TURN R, FORWARD, 1/2 TURN R, BACK, 1/4 TURN R, SIDE, HOLD

1-4 Touch RF to right side, hitch right knee up, touch RF to right side, hitch right knee up

5-8 Make 1/4 turn right stepping RF forward, make 1/2 turn right stepping LF back, make 1/4 turn right stepping RF to right side, hold

[17-24] □ (LEFT DIAGONAL BACK, STOMP, RIGHT DIAGONAL BACK, STOMP) x 2

1-4 Step LF back on left diagonal, stomp RF beside LF, step RF back on right diagonal, stomp LF beside RF

5-8 Repeat above 1-4 counts

[25-32] □ SIDE TOUCH, HITCH, SIDE TOUCH, HITCH, 1/4 TURN L, FORWARD, 1/2 TURN L, BACK, 1/4 TURN L, SIDE, HOLD

1-4 Touch LF to left side, hitch left knee up, touch LF to left side, hitch left knee up

5-8 Make 1/4 turn left stepping LF forward, make 1/2 turn left stepping RF back, make 1/4 turn left stepping LF to left side, hold

[33-40] □ SIDE, STOMP, SIDE, STOMP, SIDE, STOMP, SIDE, STOMP

1-4 Step RF to right side, stomp LF beside RF, step LF to left side, stomp RF beside LF

5-8 Repeat above 1-4 counts

【TAG-1】 32 counts

[1-8] □ BACK & KNEE UP, (STEP & KNEE UP) x 3

1-2 Step RF back and raise left knee slightly up, step LF down and raise right knee slightly up

3-4 Step RF down and raise left knee slightly up, step LF down and raise right knee slightly up

5-6 Repeat steps 3-4

7-8 Repeat steps 3-4

Alternate steps :

1-2 Step RF behind LF and kick LF diagonally right, Cross step LF over RF and raise RF slightly up

[9-16] □ REPEAT ABOVE 1-8 COUNTS

[17-24] □ REPEAT ABOVE 1-8 COUNTS

[25-32] □ REPEAT ABOVE 1-8 COUNTS

【TAG-2】 64 counts

[1-8] □ ROCKING CHAIR, (1/8 TURN L, BACK & KNEE UP, STEP & KNEE UP) x 2

1-4 Rock forward on RF, recover on LF, rock back on RF, recover on LF

5-6 Make 1/8 turn left stepping back on RF and raising left knee slightly up, step LF down and raise right knee slightly up (10:30)

7-8 Make 1/8 turn left stepping back on RF and raising left knee slightly up, step LF down and raise right knee slightly up (9:00)

[9-16] □ REPEAT ABOVE 1-8 COUNTS (6:00)

[17-24] □ REPEAT ABOVE 1-8 COUNTS (3:00)

[25-32] □ REPEAT ABOVE 1-8 COUNTS (12:00)

[33-40] □ CROSS, RECOVER, SIDE, DIAGONAL KICK, CROSS, SIDE, BEHIND, SIDE

1-4 Cross step RF over LF, recover on LF, step RF to right side, kick LF to right diagonal

5-8 Cross step LF over RF, step RF to right side, cross step LF behind RF, step RF to right side

[41-48] □ CROSS, RECOVER, SIDE, DIAGONAL KICK, CROSS, SIDE, BEHIND, SIDE

1-4 Cross step LF over RF, recover on RF, step LF to left side, kick RF to left diagonal

5-8 Cross step RF over LF, step LF to left side, cross step RF behind LF, step LF to left side

[49-56] □ REPEAT ABOVE 33-40 COUNTS

[57-64] □ REPEAT ABOVE 41-48 COUNTS

【ENDING】 72 counts

[1-4] □ SIDE, TOGETHER, SIDE, HOLD

1-4 Step RF to right side, step LF next to RF, step RF to right side, hold

[5-12] □ ARMS MOVEMENTS : WAVE, R HAND UP & L HAND STRAIGHT FORWARD

1-4 Bring both two hands from left to right.

5-8 Hold right hand up and point left hand straight forward

[13-16] □ SIDE, TOGETHER, SIDE, HOLD

1-4 Step LF to left side, step RF next to LF, step LF to left side, hold

[17-24] □ ARMS MOVEMENTS : WAVE, L HAND UP & R HAND STRAIGHT FORWARD

1-4 Bring both two hands from right to left.

5-8 Hold left hand up and point right hand straight forward

[25-28] □ FORWARD, TOGETHER, FORWARD, HOLD

1-4 Step RF forward, step LF next to RF, step RF forward, hold

[29-36] □ ARMS MOVEMENTS : STRETCH OUT, RAISE UP

1-4 Stretch out two hands

5-8 Raise both arms up like V shape

[37-40] □ 1/2 TURN L, FORWARD, TOGETHER, FORWARD, 1/2 TURN L, BACK

1-4 Make 1/2 turn left stepping LF forward, step RF next to LF, step LF forward, make 1/2 turn left stepping LF back (12:00)

[41-48] □ ARMS MOVEMENTS : CROSS HANDS, WAVE CIRCLE

1 Two hands are crossed in front of stomach

2-8 Wave hands out to side and up to draw a circle

[49-52] □ SIDE, STOMP, SIDE, STOMP

1-4 step LF to left side, stomp RF next to LF, step RF to right side, stomp LF next to RF

[53-60] ARMS MOVEMENTS : WAVE, L HAND UP & R HAND STRAIGHT FORWARD

1-4 Step LF to left side and bring both two hands from right to left.

5-8 Raise left hand up and point right hand straight forward

[61-64] □ SIDE, STOMP, SIDE, STOMP

1-4 Step RF to right side, stomp LF beside RF, step LF to left side, stomp RF beside to LF

[65-72] ARMS MOVEMENTS : WAVE, R HAND UP & L HAND STRAIGHT FORWARD

1-4 Step RF to right side and bring both two hands from left to right.

5-8 Raise right hand up and point left hand straight forward

Please refer to our video demo for the arms movements.

ENJOY THE ENCHANTING MUSIC AND DANCE!

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