

Injit Injit Semut

拍数: 64 墙数: 2 级数: Phrased Beginner
编舞者: BM Leong (MY) - July 2014
音乐: Injit Injit Semut - The Mercy's



SOD: AABB/AABBB

Start the dance after 16 counts on the second "jalan" of lyrics.

(A)- 32 counts

RIGHT DIAGONAL SHOOP, TOUCH, LEFT SIDE MAMBO-TOUCH, HOLD

1-4 Along the right diagonal step R forward, step L beside R, step R forward, touch L together
5-8 Step L to left side, recover onto R, touch L together, hold

LEFT DIAGONAL SHOOP, TOUCH, RIGHT SIDE MAMBO-TOUCH, HOLD

1-4 Along the left diagonal step L forward, step R beside L, step L forward, touch R together
5-8 Step R to right side, recover onto L, touch R together, hold

FORWARD ROCK, BACK CHA CHA, BACK ROCK, TRIPLE 1/2 TURN RIGHT

1-2 Rock R forward, recover onto L
3&4 Cha cha backward on RLR
5-6 Rock L back, recover onto R
7&8 Triple 1/2 turn right on LRL

BACK, TOUCH, BACK, TOUCH, RIGHT & LEFT DIAGONAL FORWARD CHA CHA

1-2 Step R back diagonally, touch L together
3-4 Step L back diagonally, touch R together
5&6 Right diagonal forward cha cha with fist rolls on RLR
7&8 Left diagonal forward cha cha with fist rolls on LRL

(B)- 32 counts

HIP BUMPS WITH HAND ACTIONS

1-2 Bump hips to right side twice slapping both buttocks twice
3-4 Bump hips to left side twice touching both shoulders with fingers twice
5-6 Bump hips right raising hands in v-shape, bump hips left crossing wrists in front of tummy
7-8 Bump hips right opening crossed hands to the sides, bump hips left crossing wrists in front of tummy

RIGHT ROLLING VINE, TOUCH, LEFT VINE 1/4 TURN LEFT, TOUCH

1-3 Right rolling vine on RLR,
4 Touch L together
5-6 Step L to left side, cross R behind L,
7-8 1/4 turn left step L forward, touch R together

FORWARD SHIMMY, BACK SHIMMY, A-GO-GO BACK JUMP

1-2 Bending forward shimmy shoulders for 2 counts
3-4 Bending backward shimmy shoulders for 2 counts
5-6 Jump R backward, touch L together (use A-go-go hand actions)
7-8 Jump L backward, touch R together (use A-go-go hand actions)

RIGHT ROLLING VINE, TOUCH, LEFT VINE 1/4 TURN LEFT, TOUCH

1-3 Right rolling vine on RLR,
4 Touch L together
5-6 Step L to left side, cross R behind L,

7-8 1/4 turn left step L forward, touch R together

Contact: www.sjlinedancer.blogspot.com
