

Innocence or Compromise

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Advanced
编舞者: Dan McInerney (UK) - June 2014
音乐: Diana - Paolo Nutini : (Album: Caustic Love)



Starts: 16 counts/17 seconds, just as he sings "Drownin'..."

ROCK, TURN, ROCK AND TOUCH, STEP TURN STEP, TURN PRESS

- 1, 2 Rock R to R side, recover weight onto L as you start to turn 1/2 turn R (03:00)
3&4 Finish turn R as you rock R to R side, recover weight onto L, touch R next to L (06:00)
5&6 Make 1/4 turn R as you step R forward, step L forward, make 1/2 turn R weight ending on R (03:00)
7, 8 Make 1/2 turn R as you step L back, make 1/2 R as you press R forward (03:00)

(STYLING: think of the rock on count 1 as almost a swaying lunge, but don't over-commit the weight)

(STYLING: think of 7-8 into 1-2 as more a flowing, continuous turn rather than 'splitting' two halves and a quarter)

RECOVER, TURN, ROCK AND BACK, STEP, DRAG AND, STEP, BACK TOGETHER

- 1, 2 Recover weight onto L, make 1/4 turn R as you step R to R side (06:00)
3&4 Facing R diagonal rock L forward, recover weight onto R, step L back (07:30)
5, 6& Step R long step back, drag L next to R, take weight onto L
7, 8& Step R long step back, drag L past R stepping back, step R next to L

TURN, SWEEP, ACROSS ROCK RECOVER, QUARTER STEP TURN, HOLD RUN RUN RUN

- 1, 2 Make 1/2 turn R stepping L back, make 1/2 turn R stepping R forward and sweeping L around (07:30)

(TAG: on wall 6, step L forward into a step turn step to face the 03:00 wall you started on and restart the dance)

- 3&4 Finish sweeping L around in front of R, rock L across R, recover weight onto R
5&6 Make 1/8 turn L stepping L forward, step R forward, make 1/2 turn L transferring weight onto L (12:00)
7&8& Hold, small step R forward, small step L forward, small step R forward

(OPTION: in 'slow motion', you can slowly drag and lift the R foot on count 7 before stepping onto it on count &)

CROSS, HOLD, TURN CROSS, HOLD, TURN CROSS, TURN, THREE QUARTER TURN TOUCH

- 1, 2 Make 1/4 turn L crossing L over R, hold (09:00)
&3, 4 Make 1/4 turn L stepping R to R side, cross L over R, hold (06:00)
&5, 6 Make 1/4 turn L stepping R to R side, cross L over R, make 1/4 turn L stepping R to R side (12:00)
7&8& Make 1/4 turn L stepping L back, make 1/4 turn L stepping R behind, make 1/4 turn L stepping L forward, touch R slightly to R side (03:00)

REPEAT

TAG AND RESTART

Tag and restart happens on the 6th wall (wall starting 03:00). Dance up to sweep (1, 2) and instead of sweeping across, do a step turn step touch (3&4&) to face the 03:00 wall and start the dance again.

- 3&4& Step L forward, make 3/8 turn R taking weight onto R, step L forward, touch R slightly to R side

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